



THE  
STARSEED  
ORACLE  
GUIDEBOOK

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## WELCOME TO THE STARSEED ORACLE

*The Starseed Oracle* is for Starseeds; souls who have a longing for all that's mysterious and unknown. A Starseed is an 'old soul' – someone whose soul has experienced places other than Earth.

Perhaps we're *all* Starseeds, some of us displaying stronger traits because the veil of remembering is thinner. Or perhaps some souls have spent more time (or recent lifetimes) incarnating in places in the known and unknown Universe.

I first came across the concept of 'Starseed' many years ago, and in that moment it felt as though my being exhaled. I'd always had an indescribable longing for the stars and yearned to find a place that felt like 'home,' without really knowing what that meant. I felt a calling deep within that was always there but never spoken of. Years later, in my soul readings and

workshops, I began to see common patterns in those who resonated with the term Starseed. Common yearnings, gifts, past-life experiences, callings, remembering, and challenges with life.

The creative process that Danielle Noel and I went through while creating *The Starseed Oracle* was a very special and sacred one. When we first met we felt an instant Starseed connection between us, and after working together on the *Work Your Light Oracle*, it became clear that we were being called to create an oracle for Starseeds. We've since traveled to sacred temples, remembering and recalling lost Starseed wisdom.

As we were creating the card artwork, we came together in meditation to envision each card. Our intention was that they would hold a transmission of energy, both individually and as a whole. The entire oracle has been crafted with deep devotion and attention to detail – that's what happens when two creatives come together with Virgo in their astrological charts! When you're using the oracle, stay open to the cards acting as a portal for receiving this Starseed transmission energy.

While the concepts, visuals, and messages of the cards were created to support Starseeds having a human

experience, you don't have to relate to being a Starseed for the deck to serve you. *The Starseed Oracle* was created for all souls who are interested in the mystery of the human experience. My deepest prayer is that it supports you in remembering who you are from a soul perspective, in clearly hearing the whispers of your soul, and turning these whispers into grounded action.

All faiths, belief systems, traditions, and people are welcome here. We've used terms such as 'Universe,' 'cosmos,' 'pulse of life,' 'the great mystery,' 'Source,' 'God,' and 'Holy Spirit,' all of which refer to the intelligence that transcends all religions and all things. We have great respect for all traditions, practices, and paths, and the human right to choose. If a word or phrase used isn't in line with your beliefs, please feel into the devotional energy behind it and replace the word or phrase with your own.

You'll also find terms such as 'soul,' 'Starseed,' 'spirit,' 'cosmic self,' and 'star origins.' Here we're referring to the part of you that's inextinguishable and eternal; the part that exists beyond this life and which you carry from lifetime to lifetime; the part that may have experienced places far beyond this one; the part that's connected to the intelligent pulse of the entire

Universe; the part that's waiting to guide you, every moment of every day.

I believe we're on the brink of discovering so much more about the journey of the soul in this immeasurable known and unknown Universe and about our connection with the stars. And I believe that in our lifetime we'll not only discover, but also make contact with, consciousness from other planets, constellations, and star systems – indeed, many already have. Perhaps when this day comes, humanity will finally unite as one.

You'll find all attunements, invocations, and meditations mentioned throughout the guidebook at [www.StarseedOracle.me](http://www.StarseedOracle.me).

May these cards support you on your soul's path.

Love,

Rebecca and Danielle x

P.S. We love seeing your beautiful pictures out in the world. If you feel inspired, use the hashtag #StarseedOracle and tag us @rebeccathoughts @starchildtarot @thestarseed\_oracle.



## ANCIENT STAR ORIGINS

Mystics, theologians, philosophers, scientists, visionaries, saints, poets, and wise elders through the ages have grappled with the difficulty of explaining the mystery of the stars and the part of us that exists beyond our physical world on Earth: the intelligent life force that's breathing us; the pulse that causes the planets to spin and the seasons to come and go. The part of us that remembers and is eternal: which comes in knowing and survives the certainty of the death of the physical body; the intelligent part of us that's connected to the mysterious intelligence of the Universe.

Some of the world's creation stories are linked to the stars. Ancient Egyptian texts suggest that the gods themselves came from the stars – Osiris from the major constellation Orion, Isis from Sirius, the brightest star in the night sky, and so on – and together they created humanity. The Pyramids of Giza

in Egypt – one of the Seven Wonders of the World – were built in precise alignment with the three stars in Orion's Belt (Mintaka, Alnitak, and Alnilam).

On the other side of the Earth, the pyramids of the Sun, Moon, and Quetzalcoatl in the ancient city of Teotihuacan, near modern-day Mexico City, also align with Orion in perfect precision, and myths say that the gods came to Earth in this exact place of cosmic alignment.

In Mexico's Yucatan Peninsula, the ancient Maya built stone temples and observatories so they could watch the stars above them; they are also renowned for the incredible precision of their astronomical calendar. In Arizona, USA, the Native American Anasazi culture (ancestors of the Hopi people) built settlements on three mesas (flat-topped hills) that were aligned with the shape of Orion.

In Mali, West Africa, the Dogon tribe has an incredible legend and ceremony centering around Sirius. The ceremony, called the Sigur, takes place when Sirius hits a particular landmark in the night sky and is based on the legend that some 3,000 years ago amphibious beings from Sirius visited the tribe.

In the UK, the Neolithic stone circle and henge in Avebury, Wiltshire, was created in alignment with the Milky Way; and the stones at Stonehenge are perfectly aligned to receive the first rays of sun on the summer and winter solstice. There are many more temples and other places of worship worldwide that indicate similar incredible star alignment.

The importance of the stars and sky is revealed in myth and legend too. Celtic starlore whispers of fairies falling to Earth. Greek mythology speaks of the creation of star systems such as Taurus 'the Bull,' and references the Hyades and the Pleiades, two open star clusters that were noted by many ancient civilizations.

Orion, in Greek mythology, was a hunter associated with the constellation now known by his name, and in Celtic tradition too, Orion was associated with hunting; with the phantom hunter Herne, the god Cernunnos, the mythological king Gwyn ap Nudd, and Aran.

In Australia, the Aboriginal peoples have been sharing the Dreaming stories of the sky for over 65,000 years. For example, many groups use the orientation of the constellation known as the great celestial emu to



determine the best time to collect emu eggs. When the celestial emu is on the eastern horizon after sunset, it signals that the earthly emus are nesting – which means there are no emu eggs available. Later in the year, the emu constellation is higher in the sky, and once its body is overhead after sunset, it's time to collect emu eggs.

*Where does the soul originate? How did we end up here? Where do we go when we die?* These are some of the greatest questions of all time. When we look at ancient archaeoastronomy, we can't help but wonder – did the ancients know more about our origins than we do? What did they know about our connection with the stars? And will these mysteries be revealed in our lifetime?



## WHAT IS A STARSEED?

Starseeds are souls who haven't *only* incarnated on Earth. It's believed by some that the unconscious ways in which humans have been living on Earth (war, terrorism, separation, killing, disrespecting nature and animals) led the planet to send out a call to the cosmos and waves of Starseed souls answered. Starseeds saw incarnating on Earth as a great adventure: an opportunity for individual growth *and* an act of service for the collective. Others believe that deep down, we're all Starseeds.

Many Starseeds have significant 'awakening' experiences, while others experience a sort of knowing or remembering from a young age. Many have been incarnating on Earth for a very long time. It's likely that if you're reading this, you're a Starseed.

Once awake, most Starseeds find it hard to have meaningless conversations, jobs, and relationships.

They innately know there's 'something more' to life and feel called to devote their lives to living in connection with this 'something more.' Many remain restless until they step into their calling.

Starseeds often feel misplaced in the world. They possess a longing for 'home' without really knowing where home is, or what the word even means. This is because they've incarnated in places very different from Earth. If hearing this strikes a chord in your heart or makes you feel emotional, it's likely you're a Starseed Soul.

I believe that, ultimately, all souls come from Source. However, who we are as a soul is influenced by all of our soul's experiences. So, the more time a soul spends incarnating in a particular part of the Universe (a planet, star system, or galaxy for example), the more they'll be influenced by these experiences.

The best way to think of this is to liken it to someone who's well traveled – the more time they spend in a particular city or country, the more that place influences who they are as a person (and a soul). Take me, for instance: I was born in Australia and I've spent a lot of my adult life in the UK, so the more time I spend in the UK, the more the place influences who

I am. The same goes for a Starseed: the more time they spend incarnating in the star cluster Pleiades, say, the more they'll resonate with being Pleiadean.

While you'll see references to different planets, star systems, and galaxies in the cards, we've intentionally not featured all of them or focused too heavily on the ones that *are* featured. The reason for this is twofold: firstly, it wouldn't be possible to feature them all and do them justice in just one card; secondly, the intention of this deck is to support Starseeds in their current incarnation on Earth, in this life, and to help them remember and embody their soul in their physical experience *today*.

Starseeds are scattered across the planet. Because they feel so 'different' it's not uncommon for them to spend part of their lives trying to fit in, or being in some form of spiritual closet. If you're dimming your light to fit in, I invite you to stop, and instead start embracing the unique light that you came here to share. Treat your time on Earth like a vacation. The more courageously you show the world who you truly are, the easier it will be for your people to find you. It's safe for you to be here and to feel at home.



## YOUR HEART IS A PORTAL

The intention of these cards is that you see them as vehicles for connecting with the portal of your heart. I invite you to use their concepts and messages as a technology to activate and deepen the wisdom that resides within. No one but you has authority over your soul or your life. As such, these cards were created to provide a structure that will help you connect with the portal and wisdom of your own heart and soul. The more time you spend being willing to hear the whisper of your own soul, the easier it will be to hear it.

The heart is the first organ to develop. The moment it stops beating, we are no more. The soul has left the body. The heart has an intelligence whose surface we're only just beginning to scratch. It's one of the great mysteries.

The heart is the bridge between heaven and Earth – the meeting place of all that's cosmic and all that's earthed. The best way to connect with the wisdom of the soul, and our intuition, is to tune in to the portal of the heart. It's through the heart that we can receive information about our soul's past, present, and future, and receive guidance on the next step in accordance with our soul's highest and most potent plan.

The heart is the access point of the soul; if we can find the courage to live from this place, we'll find ourselves living truly soul-led lives. When we're living soul-led lives, we'll find ourselves moving from 'my will to thy will' and living in accordance with the mysterious intelligence of all life. Alignment happens.

All of the guidance you could ever seek is found through connecting to this intelligent wisdom that resides within.

*Your heart is a portal.*



## STARSEED ORACLE ATTUNEMENT

I recommend you complete the 'attunement' below, which will help you connect with your *Starseed Oracle* cards at a soul level; the attunement also programs the cards to reveal information of the highest good to all they touch. You may wish to complete the attunement when you first receive your *Starseed Oracle*, or you can use it before reading for yourself or others. Trust your inner guidance.

Take your *Starseed Oracle* box and hold it to the stars. State the following, out loud or in a whisper:

*'I call upon the ancient wisdom  
of the stars and akasha.  
Star Keepers, Star Ancestors, Councils of  
Light, benevolent beings of the highest  
realms only – come, come, come.'*

*Great Cosmic Mother, I surrender to your holding.*

*Grandmother Moon, I surrender  
to your rhythmic pulse.*

*Great Cosmic Father, I surrender  
to your protection.*

*Grandfather Sun, I surrender to your support.'*

Now take your *Starseed Oracle* box and hold it to your heart. State the following, out loud or in a whisper:

*'I bow to the wisdom of my own inner temple  
and allow my soul's true voice to step in.*

*I activate the portal of my heart as the  
gateway between heaven and Earth.*

*I allow my personality to step out of the way.*

*May these cards act as doorways to the  
wisdom deep within the temple of my heart  
and the heart of all those I read for.*

*May they only ever reveal the heart's  
deepest, purest, and most potent prayers  
and the soul's highest callings for the  
good of all people and beings.*



*May the guidance and messages only ever  
be kind, clear, supportive, and helpful.*

*Moving from my will to thy will,  
I step out of the way.'*

Finally, take your *Starseed Oracle* box and hold it to the Earth. State the following, out loud or in a whisper:

*'I call upon the steady pulse and  
grounded wisdom of the Earth.*

*Stone people, plant people, keepers of the Earth.*

*Guide me and all those I read for  
by allowing the cards to reveal  
the grounded action that's most helpful and  
only ever for the highest benefit of all.*

*May they anchor and beat all who  
come into contact with them back  
home to the effortless rhythm of you,  
dear sweet Mother.*

*Thank you, thank you, thank you.'*

You'll find a printable version of this attunement at:  
[www.StarseedOracle.me](http://www.StarseedOracle.me)



## READING FOR YOURSELF AND OTHERS

These cards were created to help you have a direct dialogue with your soul and the intelligence of the Universe. If you're reading for someone else, explain this and guide them to see the cards as tools to connect with their own soul.

The cards are here to provide structure and a sacred space for exploring the callings of your soul (or that of the person you're reading for). We live in a world of free will and no one has authority over our soul but us. Encouraging others to trust their inner authority is the crucial ethical responsibility of the reader.

Whether you're reading for yourself or someone else, it's important to get your personality and will out of the way. By this, I mean you need to be a clear channel in service and devotion – and unattached to the outcome – rather than offering your own

opinions, judgments, or vested interests. As with any healing work, the more conscious we are in our own process, the clearer our reading will be – for both ourselves and others. Our job as the reader is to empower others to have a direct relationship with their own soul rather than relying on us for guidance.

## READING: BASIC STEPS

### Step 1: Open Sacred Soul Space

Before you begin a reading it's important to shift into the sacred space of the soul: to move from your personal will, or *my will* (which has an ulterior motive), to the neutral space of *thy will* (the realm of the Universe and the soul). There are many ways you can do this, including completing the 'Starseed Oracle Attunement' on pages 14–16 or saying the following Sacred Soul Space Invocation while holding the cards to your heart:

#### Sacred Soul Space Invocation

*'Thank you for revealing to me what's  
in the highest good for all.*

*Thank you for unveiling only what would  
be helpful for all people and beings.*

*I choose to step into the sacred space of the soul and the intelligence of the Universe – from my will to thy will. Please guide me, please lead me, please show me the way.'*

## **Step 2: Shuffle and Connect**

Shuffle the cards. Feel into your question/prayer or the area on which you'd like to receive guidance. I like to hold the question/prayer in the center of my heart and send it to the stars and the Earth, creating a pillar of light down my spine that's centered in my heart.

## **Step 3: Divide and Spread**

Split the cards into three piles and then gather them back into one pile, in any order. Spread the cards out in front of you. You're now ready to select your cards.

## **Step 4: Select Your Cards**

Allow yourself to be drawn to the cards and then select the appropriate number of cards for your chosen spread. (Refer to the examples in 'Starseed Oracle Card Spreads' on pages 23–28 for guidance.) Place your selected cards face down in front of you in your chosen formation. Put the remaining cards to one side and then turn over the cards you've selected.

## **Step 5: Let the Cards Speak to You**

Using your chosen card spread, start your reading. In the 'Starseed Oracle Card Spreads' section you'll find some inspiration for the structure of your reading. Then, look up the meaning of each in the 'Card Messages and Interpretations' on pages 30–135.

### **STARSEED GROUNDED ACTION**

We're here to have a human experience and live in a physical world so all of the guidance in the world is pointless without grounded action. At the end of each card interpretation in the 'Card Messages and Interpretations' section, you'll find one of two Starseed 'calls to action'. Don't underestimate the power of taking these actions:

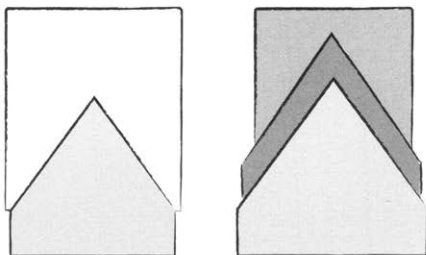
**1. Starseed Soul Inquiry™** – these prompts allow the whispers of your soul to be heard, voiced, and known. Voice them out loud, meditate on them, or journal intuitively.

**2. Starseed Activation** – these ignite the energy of the card in you. There's no sound current more powerful than your own voice so for each of the Starseed Activations, hold the card to your heart and read the words out loud.



## USING THE ORACLE BOX AS A TECHNOLOGY

*The Starseed Oracle box has been consciously designed to do much more than hold your cards. You'll see that when its lid is removed, a triangle is revealed. The triangle is an ancient mystical shape of many meanings, one is the connection between the unlimited Universe and the groundedness of the Earth.*



The box is intended for interactive use during card readings. Simply place the lid upside down and rest your selected card/s within its v-shaped cradle.



In the next section, you'll learn how to display the cards within different card spreads. The triangular base of the box, with the card deck nestled inside it, can be used as a piece of altar art.

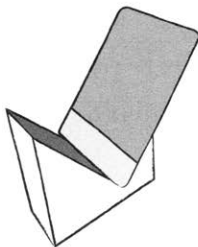


# STARSEED ORACLE CARD SPREADS

## BABY STEP

### One-card spread

This spread is ideal when you need quick practical guidance. Think of an obstacle you have or an area of your life. This reading will provide inspired, grounded action on the next baby step to take.



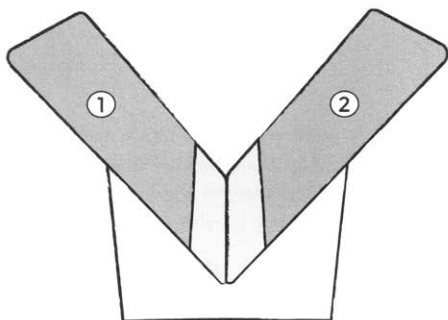
**Card 1: Baby Step** – The next step you're being called to take.



## SOUL WHISPERS

### Two-card spread

This is a wonderful spread for hearing the whispers of your soul and turning them into grounded action. Many do this spread as part of their daily spiritual practice.



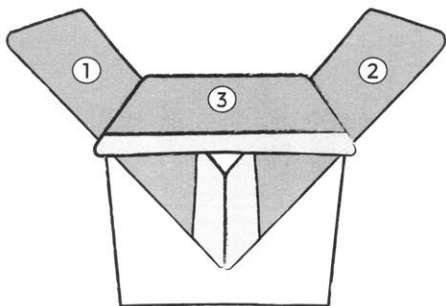
**Card 1: Soul Whisper** – What your soul wants you to know.

**Card 2: Grounded Action** – The action your soul is guiding you to take.

## FATED LIFE vs DESTINY LIFE

### Three-card spread

The fated life is the life we're born into – the one that society sets us up to follow. The destiny life is the hero's journey – the courageous call of the soul.



**Card 1: Fated Life** – The call of the ego/the obvious life.

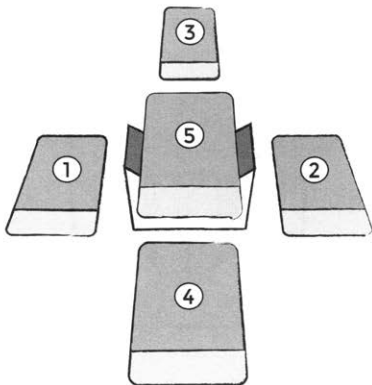
**Card 2: Destiny Life** – The call of the soul.

**Card 3: The Bridge** – The leap, challenge, or decision to face, and the change or action you're being called to make.

## STAR ORIGINS

### Five-card spread

This wonderful spread will reveal who you are as a soul and shine a light on who you came here to Earth to be.



**Card 1: Soul Gift** – What you came here to express and share with the world.

**Card 2: Karmic Wound** – What you came here to heal.

**Card 3: Life Lesson** – What you came here to learn.

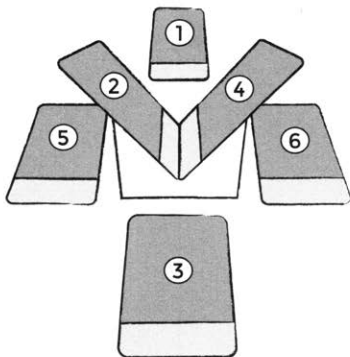
**Card 4: Current Obstacle** – The thing that's challenging you the most.

**Card 5: Soul Calling** – What your soul is calling you toward.

## HEAVEN, HEART, EARTH, HEART

### Six-card spread

Consider a particular area of your life on which you'd like guidance. This spread provides a bigger picture as well as grounded action.



**Card 1: Heaven** – Guidance from the Star Keepers. The bigger perspective.

**Card 2: Heart** – The heart of the matter. The heart's deepest prayer.

**Card 3: Earth** – Guidance from the Earth Keepers. The grounded action that's required.

**Card 4: Heart** – The obstacle. What's standing in the way.

**Card 5: Outcome** – The outcome of the situation that's currently being manifested: remember that you have free will.

**Card 6: Grounded Action** – The baby step you're required to take.



CARD  
MESSAGES  
AND  
INTERPRETATIONS



## A NEW EARTH

It's happening. Keep holding the vision.

Don't give up now. You're closer than you think. I know it's hard to hold the frequency of a new age when it feels as if so much is crumbling and so many are losing faith. This is your sign that you're facing the right direction. You have a great gift in being able to see the potential of things before they exist. Tend to the new seeds – dream them into existence. Don't lose faith now. Keep your focus fixed.

Planting new seeds and bringing about a shift of the ages is no mean feat. It requires extreme trust and a radical vision. If you pull this card it's a reminder to have faith! You chose to be here, to be part of this global shift. Whether you're bringing it about through prayer and meditation or through working on a new project, job, or creation, keep going. It's happening. Don't give up now.

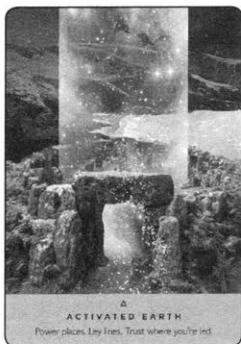
The world needs more dreamers like you. More people with hope in their hearts. The road ahead may not be plain sailing... ushering in a new age in times of change never is. You're being encouraged to remember that what you've been working toward for so long is almost here. Don't question yourself now. Don't waver. Dig your devotion deep. For if you do, in the not too distant future, you'll be able to sit back and watch all that you've so carefully planted and nurtured, grow and bloom.

It's possible. Keep focusing on your dreams. You're closer than you think.

### **STARSEED SOUL INQUIRY**

How can you keep holding the vision?





## ACTIVATED EARTH

Power places. Ley lines. Trust where you're led.

Ley lines are invisible pathways on the land along which energy travels. They can be sensed when we tune in to them with our subtle senses. Also known as spirit paths, they've been compared to the meridian system of the body used in Chinese medicine, and they link sacred sites, stone circles, burial mounds, and places of worship worldwide.

In Australian Aboriginal culture, song lines were the paths traveled by the creator beings as they made

the land and sea during the Dreaming. These paths were recorded in the traditional songs and dances of the people, allowing them to access information about the land's history and to travel safely across great distances.

Many believe that as we visit such sacred points on Earth, something is activated within us. Some also believe that by connecting with the land with devotion at these sacred places, something is activated within the planet too.

Are you being called to travel to a sacred place that your soul remembers? Or to tend the land you live on? To honor and acknowledge the known and unknown keepers or nature spirits of that land? As you connect with the Earth and honor its keepers, the land opens up more fully to hold you, the fruits provide more nourishment, and the guardians watch over you.

### **STARSEED ACTIVATION**

Place the card on the portal of your heart and whisper the following:

*'I honor and thank the keepers of the Earth beneath me, known and unknown. Thank you for your nourishment and tender holding.'*



## ALL PATHS LEAD HOME

Inner authority. Intuition. Turn your gaze within.

It's normal to look to the external world for answers and guidance. What's revolutionary is turning your gaze inward. You're being called to source your guidance from within. To study the terrain of your inner landscape. To develop a reliable relationship with your soul. The more time you spend connecting with your soul, the deeper the connection will become.

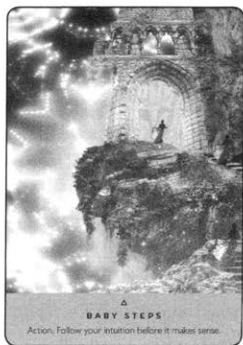
The challenge for empaths is staying connected without cutting off from the world. The best way to do this is to develop a daily practice that helps you to keep checking in. To draw on the wisdom within and let that be the authority in your life.

If this card appears, you may be called to develop or switch up your spiritual practice. To get in the habit of turning your gaze within – getting centered for the day – before consuming anything from the outside world. To start from a feeling of 'at homeness.' And throughout each day, to find simple ways to keep coming 'home.'

This doesn't mean switching off from the realities of today's world – we need as many conscious people as possible living with their eyes wide open. Rather, it's a call to start your day from a place of connectedness, grace, and devotion, so when you go out into the world and when you let the world in, you do it from an unshakable state of being. A state where you draw your strength, authority, and guidance from a place deep, deep within.

### **STARSEED SOUL INQUIRY**

How are you being called to turn your gaze within?



## B A B Y   S T E P S

Action. Follow your intuition before it makes sense.

You're being called to take grounded action in response to your soul's calling. To start where you are and begin building in a consistent way. So many people stop themselves from living a soul-led life because they're waiting to know the destination before taking the first step. But intuition doesn't work like that. Our soul is always calling us – every moment of every day.

The way to find yourself living in harmony with the cosmos is to listen to your soul's baby calls and whispers each and every day, and to take grounded action in the direction of those calls and whispers. You're being encouraged to start small. Bite-sized. To put one foot in front of the other. To do one thing every day. To break things down into achievable tasks.

Time on Earth goes slower than on other planets. This may cause frustration for Starseeds, who can expect a faster pace of manifestation and thus give up before the seeds begin to sprout. If you resonate with that, it's time to opt for consistency over urgency. Time to take baby steps in the direction of your calling. To remember that you don't need to have it all figured out or know exactly where the path is leading you. You don't have to know every single step along the way before you set out on your great journey. You just need to take the next step.

### **STARSEED SOUL INQUIRY**

What's one simple baby step you can take  
in the direction of your soul's calling?



## BIG PICTURE THINKING

Pleiades energy. Visionary. Inspired ideas.

The Pleiadeans are our cosmic cousins. They're here to remind us that it's never too late to learn new things and change the future. You're being called to be a visionary for the planet. To take a breath, shake off what you've been taught about the world, and hold a new vision for humanity.

You're likely a natural big-picture thinker, here to generate ideas for the future. Here to birth a new age and dream a new world into being. The future

will be woven by dream-makers like you. By those with enough courage to question the way things have been and envision new possibilities for the planet.

The world needs more artists, dreamers, inventors, and visionary thinkers. Perhaps you've had an idea recently that you're being called to usher in. If so, this card is your confirmation that it's divinely guided.

The Pleiadeans support us in this important stage in Earth's development. They want us to know that the decisions we make today will affect the wellbeing of our planet and all its species. They're calling on you to be a leader of the future. To hold a clear vision of what's possible. To trust that vision and follow it through with daily action. To dream a new world into being. To hold your mind open and try not to worry about what others think. For it takes great courage to pave a new path – to trust a vision before it's a reality.

### **STARSEED SOUL INQUIRY**

How are you being called to step up and lead?  
What new ideas or creations are  
you being called to pursue?





## THE BLUE FLAME

Spontaneous awakening. Activation. Integration time.

This is a card of awakening and energetic upgrades. Perhaps you're going through a period of spontaneous awakening – receiving visions and having experiences that are out of the ordinary?

In the West, little is known about the process of spontaneous awakening, and it can feel very scary when we're going through it alone. Elsewhere, they can be seen as auspicious experiences with those going through them being treated with tender care.

The Blue Beings are thought to be activating beings with great potential for healing and upgrading our cellular structures. They appear in moments of extreme awakening, activating a physical kundalini awakening and deep cellular and DNA healing.

Many people glamorize the awakening process; however, in reality it's much messier and more difficult than most of us believe. We must first let go of what we think we know for sure and how we make sense of the world. This isn't easy. The awakening process (even when it's 'spontaneous') takes a considerable amount of time to integrate, and awakening without integration can leave us feeling very ungrounded.

If you're in the midst of an awakening (the process never ends), treat this time as deeply sacred and give yourself ample space to ground and integrate the extreme changes you're going through.

### **STARSEED ACTIVATION**

Place the card on the portal of your heart and whisper the following:

*'I allow myself to surrender to the awakening process that's right for me. I take things slowly and integrate my experience each and every day.'*



## BREATH OF THE COSMOS

My will to thy will. Micromanaging the Universe.

When we rely only on our own will, we're micromanaging the Universe and resisting the natural flow of life. We're not trusting the mysterious breath of life. We're rejecting the great cosmic intelligence and relying instead on our personal strength. When we do this, we find ourselves attempting to bend things to our will. We spend our time forcing, pushing, and living from a space of 'trying to.' Everyone around us can feel it. And the Universe can too.

You're being called to stop micromanaging the Universe and trust the breath of life. To surrender to the greater will that God has for you. To move from 'my will to thy will.'

When you surrender to the greater will of life, you begin dancing with the rest of life. When you bow to the great mystery and say, 'Please use me, please show me the way,' little by little you find yourself living your most fulfilling authentic life. When you surrender your personal will – when you relinquish control and release the way you think things should be and surrender to the greater will – you find yourself being led. You begin breathing the breath of life.

### **STARSEED ACTIVATION**

Place the card on the portal of your heart and whisper the following:

*'I'm willing to stop relying on my own strength and personal agenda and instead surrender to the breath of life. Dear God, help me move from my will to thy will. Please lead me. Please show me the way.'*



## CALLED

Soul gifts and training. It's time to step up.

You came to Earth with a double mission: to grow as a soul and to bring about a shift in consciousness. The best way to fulfill these personal and collective purposes is to trust what it is that your soul is calling you toward, for it's encoded within the most direct path forward.

Your soul has many unique gifts that it came here to share. Some you may already be aware of, others you're just beginning to uncover. You're being called

to remember that your soul intelligently chose the perfect conditions to carry out your soul's mission and share your soul's gifts.

If you're being called toward a creative project, a passion, or an adventure, this card is your confirmation that you're facing the right way and that this moment right here is destined. If you're feeling underprepared, or thinking *Who am I to do that?* this card is guiding you to step up and leap... And consider perhaps that your soul has been training for this moment, right here, for lifetimes.

### **STARSEED ACTIVATION**

Place the card on the portal of your heart and whisper the following:

*'I call forth the soul gifts and soul training that I've received throughout all of my lifetimes. I'm ready to embody them all now, without hesitation or fear. I fully commit to being here now. I'm ready to step into my soul's highest and most potent calling. I've been training for this for lifetimes.'*



## CHILD OF THE COSMOS

The intelligence of the Universe lies within you.

There's a mysterious force that governs all of life. An intelligence that tells flowers when to bloom and the tides and seasons when to come and go. That intelligence is within you, too. It was there before you drew your first breath and it will be there well beyond your last. It's the part of you that informed every cell what to do when you were in your mother's womb.

It's harder to resist this force than it is to surrender to it. Because Earth is a planet of polarity and free will,

it's easy to forget that this intelligence exists within us. So often we become disconnected from this pulse of life and fall into the pattern of believing that we're separate; or feeling that we need to go it alone. We can feel isolated, and as if we need to figure things out for ourselves – to rely on our own strength.

You're being called to remember the intelligence that's within each and every one of your cells. To remember that you're a precious child of a loving, gentle Universe. That you have access to all of the intelligence, wisdom, strength, flow, and qualities there ever were, are, or will be. And to remember that if flowers know exactly when and how to bloom, then you do too.

### **STARSEED SOUL INQUIRY**

How can you surrender more deeply  
to the intelligent flow of life?





## THE COSMIC HEART

Devotion. Potency. Make your life a moving prayer.

When you surrender to a state of devotion, you find yourself flowing with all of life. You're being called to refocus your attention deep within: to the intelligence of your own heart. To bow with deep reverence to your inner temple. To live your life in devotion to this place. To make your life one big moving prayer.

Perhaps you've felt a bit off kilter lately, sensing that the potency of why you're doing things has gotten a little watered down or weak? Perhaps you've

forgotten what made you start doing them in the first place? If so, this is your call to take a moment and reconnect with the truth at the very center of your heart. To get back to the essence of what you're about. To devote your life to what you care most about. To turn your gaze deep, deep, deep, deep.

There are seasons for harvesting and seasons for sowing. Right now, you're being called to plant your soul's seeds and sing to them with deep devotion. To feed them with the sweet waters of your own soul. To lose yourself in the potency of what it is that most expands your heart. To live your life according to what makes you come alive, rather than what everyone else thinks. To make your life one big moving prayer.

### **STARSEED SOUL INQUIRY**

How can you make your life a moving prayer?



## THE COURAGEOUS PEONY

Multifaceted, unique nature. Let yourself be seen.

Flowers don't open and close according to who walks by. They embrace all of what they are and show it to the world around them. The peony doesn't try to compete with the cherry blossom, and the cherry blossom doesn't try to compete with the tulip – they own what they are and trust the timing of their true nature. You're being called to do the same.

It's time to open yourself up to being seen. Time to share your incredible, multifaceted, true nature

with the world around you. To uncover and reveal your soul's greatest gifts without wavering. To own your uniqueness without apology. There's a flower on this planet that holds the same qualities that your soul is readying itself to express. Let it inform you.

You may have been taught that it's safer to keep your light hidden and your voice small; to hide behind the bushes instead of growing tall. The Courageous Peony is here to remind you that it's safe to embody all of who you truly are. It's safe to share your voice and let yourself be seen. At first it may feel uncomfortable and you may be afraid of what others think... but with each passing day it does become easier. Little by little you realize that it draws in those who are meant for you; and experiences you've been longing for arrive at your feet.

### **STARSEED SOUL INQUIRY**

How are you being called to allow yourself to be more visible and seen in the world?



## CRACKED OPEN

Rock bottom. Surrender to the alchemy of life.

Don't let the weight and density of the world squash your tender spirit. Instead, let it call even more of it home. Into your body. At the center front of your life. It's through the extreme pressure of life's trials that diamonds are cultivated. It's when things are at their darkest that we cultivate proper faith and our light is ignited. It's through the crumbling that we can allow our wounds to be alchemized. Let your pain, sorrow,

and losses make you, not break you. Let life alchemize your tragedies into gold.

Be open to being cracked open. Wide open. It's the difficult times that help us grow in leaps and bounds, and in ways we could only dream were possible. But first, they have to crack us open. Sometimes it hurts like hell. It's nature's way. Whether you let it happen or not, it's going to happen, so surrender to the process. It's how the light gets in.

When your heart cracks open, a space is created for your soul to more fully enter. When your soul cracks open, a space is created for the grace of the Holy Spirit to enter. Let your trials, your sorrows, your pains, and your losses transform you into more and more of yourself.

Stay open to the possibility that your tragedies, your losses, your sorrows, and your hurt happened for you, not to you. Bless the thing that broke you down and cracked you open, because the world needs you open. Surrender to the alchemy of life.

### **STARSEED SOUL INQUIRY**

How can you let life crack you open?



## DEEP CELLULAR HEALING

Arcturus energy. Physical and emotional healing.

Your body knows how to heal. Healing is your natural state. Physical and emotional disharmony can be a reflection of how the world (inner and outer) has been out of alignment. If you're suffering from a mystery or chronic illness, don't allow yourself to think you've done something wrong.

Today, it's difficult to navigate our health. If this card has made its way to you, you're being called to focus on your healing in practical ways. To prioritize

your health. To be kind and tender to your miraculous body. To give yourself the grounding and care you need. To put your body first. To nourish yourself as you would a newborn baby. To treat yourself with tender care.

You may be called to switch things up with your body or your emotional wellbeing. To call in a team of helpers to support you in navigating any challenges you may be experiencing emotionally.

The Arcturians are a galactic group of beings who have mastered deep cellular and emotional healing. They want you to know that it's possible to feel vibrant in your body and well in your skin. To have your cells return to effervescence and vitality. To find calmness and contentedness. To have a soothed nervous system and a tranquil heart.

### **STARSEED ACTIVATION**

Place the card on the portal of your heart and whisper the following:

*'I take back my vitality and energy and feel more and more healthy each and every day. My body knows how to heal. My body knows how to heal.'*





## DOUBLE MISSION

Lightworker Starseed. Serve the world by being you.

Lightworker Starseeds are mission- and purpose-oriented. Many have the feeling that time's running out and there's something they came here to do, create, or contribute. They're here to grow as souls individually (individual mission) and also to contribute to the planet in some action-oriented way (collective mission).

Their collective mission is often answered through a career 'calling' or by devoting their life to something

bigger. Until they remember their collective mission, it can feel as if something's missing or that they're forgetting something important.

It's common for Lightworker Starseeds to feel that they're 'different,' and they may carry soul memories of being visible or sharing their voice. As such, they may protect themselves by dimming their light in order to fit in or by spending time in some sort of closet, such as a spiritual closet.

If you pull this card you're being called to remember your collective mission and step into it even more fully. You're being reminded that your role as a Lightworker is to light up the world with your presence. This doesn't have to be a great big thing or a decision you need to make. You also don't need to have a great big plan. If you resonate with being a Lightworker, all you need to do is work out what lights you up (your passions and joys) and keep doing that.

When you trust and follow the simple path of things that light you up, and then lose yourself in the doing, you'll light up the world without even trying.

### **STARSEED SOUL INQUIRY**

How can you serve the world by being you?



## EARTH PULSING

Pulse of the Mother. Slow down. Time in nature.

A mysterious pulse is woven through all of life. The planet itself has a rhythm – you can see it in the seasons and the tides. In our world of artificial lighting, long working hours, and modern conveniences, it's easy for us to feel stuck and off-kilter.

It's time to reconnect with nature and surrender to the pulse of the Earth. Earth Pulsing is my favorite tool for surrendering to the rhythmic pulse of the

Mother and the entire Universe; download an Earth Pulsing meditation at: [www.StarseedOracle.me](http://www.StarseedOracle.me).

Today, many of us are disconnected from the land beneath us. Somewhere along the way a severing happened. A moment when it became too painful to stay connected. We feel unsupported, and as if we don't belong. We look to other people and the external world to fill the void of the connection, holding, and belonging once given to us by the Earth. Taking. Clutching. Conquering. Longing for others to receive us fully, as the Mother once did. Forgetting that she's still here, waiting for us to remember and activate the part of us that longs to receive Her embrace.

When you consciously connect with the Earth, a veil is lifted and She opens up and receives you more fully. You're able to drink from Her sweet waters and release what no longer serves you. Stagnant energy falls away and you become connected to all things on the planet.

### **STARSEED ACTIVATION**

Place the card on the portal of your heart and whisper the following:

*'I surrender to the pulse of the Mother.  
May my heart beat in unison with Her.'*



## EARTH SCHOOL

Life lessons. Soul growth. Study. Higher learning.

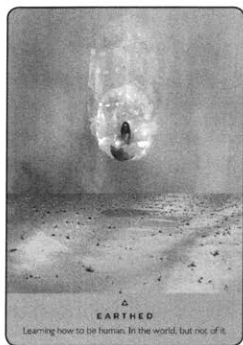
Planet Earth is a great initiation for the soul and life lessons are the curriculum for which we enroll. These aren't one-time lessons but themes we choose to circle around, deepening our experience of them as we make our way through the spiral of life. Life lessons aren't only about getting it right – they're also about getting it wrong. Remembering that Earth is a planet of polarity helps with this understanding. Each year the study deepens more and more.

If you pull this card while you're going through a difficult time, you're being prompted to remember that your soul came here to grow and learn. Try not to look at difficult times as 'getting it wrong' – instead, see them as opportunities for soul growth. If you can find a way to grow and soften your heart through the highs and lows, your soul is most definitely growing, which is the whole point!

Pulling this card can also mean that you're being called to embark on a new area of study or growth. This could be through structured learning, such as university, school, or a training course. If you're having difficulties in a relationship, you're being reminded that these are opportunities for soul growth – after all, relationships are known as the number one way that we grow as souls while we're here on Earth.

### **STARSEED SOUL INQUIRY**

How are you being called to grow or learn?



## EARTHED

Learning how to be human. In the world, but not of it.

The challenge for all souls having a human experience is to be in the world, but not of it. To realize they are souls having a human experience and be fully conscious of it. To have their soul fully embody their body.

People's personalities tend to relate to either transcendence or immanence. Those who lean toward transcendence have a longing for the heavens and the metaphysical: they yearn for a personal experience with God and to be lost in the

heavens; they're envious of the angels and are more comfortable praying and hanging out in the stars than on Earth.

Those who tend toward immanence have attached themselves more to Earth and their body. They spend more time thinking about things in this physical world rather than connecting with the heavens or their own mystical inner worlds. Being a fully embodied soul having a human experience means finding the balance between transcendence and immanence. Being in the world, but not of it.

Most Starseeds are drawn toward transcendence. They're more comfortable with the angels and the heavens. Life on Earth can be more difficult for them. If this is you, you're being reminded that you chose to be a soul in a body on Earth. And you're being called to focus more of your energies in the physical world. To learn how to be human – a soul in a human body, fully present to what life on Earth has to offer you.

### **STARSEED SOUL INQUIRY**

Do you tend to long for the stars  
or be more in the physical?

How can you find greater balance between the two?





## EMPATHIC STARSEED

Energetic sovereignty. Absorbing what's not yours.

Empathic Starseeds are here to shift the world through their physical presence alone – they don't need to 'do' anything beyond being here, thanks to the energetic change their physical presence causes.

Due to their highly sensitive nature, Empathic Starseeds can struggle with being on Earth and in a physical body. Many are prone to addiction and depression or tend to mistake other people's feelings and moods for their own. Natural introverts, they

tend to prefer spending time alone or in small groups. Crowds can be overwhelming for them.

If this card appears, consider lightening the load energetically. Don't put yourself under such pressure to go out into the world. Be gentle with yourself. Allow extra time and care to recover energetically. If you're feeling pressured to keep up a certain pace, instead, put on the brakes and treat yourself like a precious baby. Do whatever you can to take the pressures of the world off your plate. Switch off to switch back on. In today's world it's normal to feel that we should be doing more. But perhaps being present in our life is enough.

This could be a phase you're going through, or simply how you're being called to live your life. If your work involves giving to others, right now you're being called to keep something for yourself. You don't need to transmute it all. It's okay to look after your own growth and healing before feeling you should offer it to the world. Indeed, it's necessary if you want to continue to do so sustainably.

### **STARSEED SOUL INQUIRY**

How can you take better care  
of yourself energetically?



## FALL INTO MY ARMS

Surrender. Holding the opposites. Extremes of life.

The Great Mother ushered you in when you took your first breath and she'll be there when you draw your last. She knows how challenging life can be. That being human can be lonely and confusing. That the polarity and separation can be excruciating when your soul remembers the oneness of Source. But at the same time, it can be incredibly glorious and sweet.

So often, we see things as either good or bad – when things go well we make it mean that we're

being rewarded, and when things are bad then perhaps we've done something wrong. However, we're all here to expand and grow and it's through the extremes of life that we do exactly that.

You're being invited to welcome the highs and the lows of the human experience – to let them initiate you more fully into life. The agony and the ecstasy. The beauty and the bitterness.

This life is but a single breath in the inextinguishable existence of your experience as a soul. The Great Mother wants you to hand over your loneliness, worries, hurt, sorrow, fears, burdens, and doubts. To lay them on Her altar. To fall fully into Her arms. To remember that while these extremes are difficult, they can also be magnificent. The more wildly the pendulum of your life swings, the more truthfully you can say, 'I've truly lived.'

### STARSEED ACTIVATION

Place the card on the portal of your heart and whisper the following:

*'I'm ready to embrace the extremes of my life.  
I lay all that I'm carrying onto the Great Mother's  
altar and fall completely into Her arms.'*



## FORGE, DON'T FOLLOW

Pave a new path. Be the leader you wish you had.

If you wait until the path is perfectly paved, you won't be forging your own path – and you'll likely not even take the first step. Don't let a small detail like being unable to find someone to show you the way be the reason you don't step forward and lead. Let it be the reason that you *do*.

The most courageous and needed leaders are the ones who don't wait for permission – or until the morning they wake up feeling ready. They take a deep

breath, put one foot in front of the other, and figure it out as they go. They don't wait for someone to lead them: they lead themselves.

This is a card for leaders. You're here to pave a path that hasn't been walked before. To go first and lead the way for others who are calling you in. If you feel misrepresented in the media, step forward for all those who also feel misrepresented. If no one's speaking out on the topics you feel passionate about, share your unique voice.

There's no one on Earth who comes close to possessing your unique combination of skills, gifts, and life experience. Don't look to those who have come before you to work out your path – leaders must forge their own. Do it for your daughter. Do it for the younger you. Do it for the leaders who'll follow. When you go first, you make it easier for others to follow your lead. Forge, don't follow.

### **STARSEED SOUL INQUIRY**

How are you being called to  
forge rather than follow?

How can you be the leader you wish you had?



## THE GOLDEN CHILDREN

Inner child. Tenderness. Innocence. Rare gifts.

Golden Children (Children of the Sun) are highly advanced, extremely intelligent souls who are incarnating increasingly on planet Earth. They have little or no personal karma and possess incredible gifts and intuitive abilities.

Golden Children are born with a very clear mission – many remember it from a young age and begin answering and sharing it early in life. Due to their unique intelligence, they may find themselves

easily bored at school. Most have never incarnated on Earth before and so, if they're not supported in the right ways, they struggle with physical life here. They're often referred to as the 'new humans.'

If you pull this card it may be a sign that you're being called to mother, father, or nurture a child. You may be called to tend to your own inner child, a creative idea or project, or a new beginning. To treat yourself or the new beginning with sweet, tender love. To nurture and nourish it. To give it every chance to grow and reach adulthood. To encourage it. To water it. To see the world through the innocence of a child. To see yourself and all others as innocent children. To remember that deep down, everyone is trying their best and if they're treated with a tender heart, they'll not harden as they journey through this great adventure called life.

### **STARSEED SOUL INQUIRY**

How can you treat yourself  
(or others) more tenderly?





## THE GREAT SEVERING

Mars energy. Anger. Conflict. Softening to love.

This is a shadow card: one that may feel confrontational. Don't be afraid – it's here to bring to the surface anything that's standing in the way of letting love in. The warring planet of Mars is our constant reminder that it's important to soften, forgive, and find our way back to love.

There are many things in the human experience that make it difficult for our heart and soul to stay open to the never-ending source of love. We're all

wounded and our unconscious wounds inflict wounds on others. It can feel like a never-ending dance we can never escape. If we aren't careful, before long we'll see the world as a scary, dangerous place where fear and anxiety roam free.

If this card surfaces, it could be for two reasons. Firstly, for you to acknowledge the difficult emotions, situations, conflicts, wounds, and fears that are causing you pain and anxiety. And secondly, for you to find your way back to love.

When we're hurt it's normal to close off our heart to the world. To let the painful experience confirm the agony of separation in earthly life. Soften and find your way back to love anyway. When fear, anxiety, and paranoia paralyze you, it's normal to want to hide away from others and the world. Come out of your cave and soften your heart anyway. We're all innocent children spinning our way around the world. Find a way to see the innocence in all people, especially yourself.

### **STARSEED SOUL INQUIRY**

How are you cutting yourself off from love?  
How can you soften toward  
those who have hurt you?



## HIRAETH

Longing for home. Homesick for the stars.

Hiraeth is a Welsh word that's difficult to translate, but it refers to a certain longing or homesickness. A yearning for a home or a place to which we cannot return. This unexplainable, unshakable longing for 'home' is common in Starseeds and old souls. Perhaps you've had it since birth.

For some, it's a distant memory of a planet, galaxy, or star system in the Universe that their soul remembers and yearns to return to. A place they may

have experienced more than Earth. For others it's a longing for the unity of Source. A remembering of interconnected oneness.

This yearning can lead some Starseeds to travel, searching all corners of the planet to find a physical place that feels more like 'home.' For others it can manifest as a need to find 'home' in people, communities, and relationships. A journey to find somewhere they truly belong.

If you resonate with this yearning for home, but don't really know where home is, you're being invited to remember that your soul chose to be on Earth. You're being called to fully commit to embodying your life. You're being reassured that you didn't come here alone and that your soul consciously decided to experience what it's like to be a soul in a human body on this planet at this time.

You're being called to anchor all of your presence, your personality, your soul, and your spirit in the here and now. To fully commit to living this life, right now. To commit to putting two feet completely in.

### **STARSEED SOUL INQUIRY**

How can you commit more fully to your life?



## I REMEMBER

Soul plan. The fated life vs the destiny life.

There was a moment before you were born when you chose the conditions of the life you're living right now. When you plotted out these exact moments along the timeline of your life.

We live in a world of free will, and therefore these moments become our destiny only through saying 'yes.' The fated life is the one we were born into. The destiny life is the one our soul chooses, and it takes courage and faith. If you pull this card

it's because you're likely now face to face with the choice to follow the destiny life over the fated life. To trust the path your soul is calling you toward – and to remember that this moment was prearranged on your life's timeline.

You may find yourself at a crossroads. At a moment when you're being called to make a decision: to keep walking the perfectly laid out path before you or choose the one less traveled. You may be facing a change of career, a new relationship, a difficult decision, or something else that requires courage and faith.

You're being invited to remember your soul's greater plan and to surrender to it. When you're confronted with a path that's undefined, it's normal for doubt to rear its head. In fact, this is a certain sign that you're facing your soul's greater plan. Every hero, in his or her life journey, comes eye to eye with doubt. The only way around it is through it. It's all part of the larger plan.

### **STARSEED SOUL INQUIRY**

What are you being called to do to  
surrender to your soul's plan?



## I ' M S O R R Y

Defenselessness. Righting past wrongs. Uprooting.

We're living in divisive times. When we're hurt and triggered we tend to see things as a personal attack rather than an opportunity for healing. If we're to find true peace and unity, we need to drop our defenses and see things outside of right and wrong.

As souls we intrinsically remember unity and yearn for it here on Earth. Perhaps this is why it feels so painful when we experience the opposite. But it's crucial to remember that we can't simply bypass

reality and pretend that unity, love, and forgiveness are here. This is one of the greatest challenges for Starseeds.

To bring about unity we must first acknowledge the ways in which both we and the world have been divisive (personally, ancestrally, and collectively): the shadows, hate, wounds, separation, severing, wrongs, and sadness.

You may be called to explore how you, your ancestors, or your society have, consciously or unconsciously, inflicted pain on others. To find a way to drop the armor around your heart and see things as they truly are for all people. To say 'I'm sorry' with an open heart and mean it. To be part of the healing rather than the perpetuation of inherited conflict or oppression. This isn't about blame – it's about unwinding the patterning that got us here.

You may be called to devote your time to causes you believe in or do healing work on your ancestral line.

### **STARSEED SOUL INQUIRY**

How are you being called to drop your defenses and unwind past wrongs?





## INNER EARTH

You'll survive this. New solutions and beginnings.

Inner Earth (also known as Agartha) is believed to be a hidden subterranean world within the planet itself. Many ancient cultures mention it in their stories: it's said that some of the beings of ancient lost lands such as Lemuria, Atlantis, and Āryāvarta went there. Hindu and Celtic lore mention caves and entrances to underground worlds. Tibetan Buddhism refers to the secret mystical city Shambala, which is thought to be located in the Himalayas.

Many have searched for Inner Earth in the physical world, but without success. So the mystery continues: is it a place that exists in the physical or on another level of consciousness?

There are solutions beyond what you can perceive. Surprising outcomes to your problems and situations. Resolutions that are in the best interests of all involved. If you find yourself facing an obstacle, or feeling stuck, and have no idea what to do, you're being reassured that there is a way out. You'll survive this and things will work out.

If you're stuck in a rut, do something to shake up the energy and shift your thinking. Try something you wouldn't normally do. Soon you'll see that whole new worlds of solutions are available. Things that were previously beyond your focus will present themselves. Helpful people, signs from the Universe, and support in both expected and unexpected ways are on their way to you. But first, you need to do something different to shift your focus so you can receive them.

### **STARSEED SOUL INQUIRY**

What can you do to shift your  
energy or your outlook?



## JUMP IN

Andromedan energy. Adventure. Say yes to change.

Andromeda is a spiral galaxy, the closest galaxy to the Milky Way. It's believed that Andromedan Starseeds are a group of beings who love their freedom. Very adaptable, they have a strong willingness and ability to change and go with the flow. To find calm in the chaos. To swim with the tides. This card is here to encourage you to do the same.

Perhaps you have a significant goal or opportunity ahead of you? If so, you're being guided to jump in.

Don't wait for permission. Don't stall until you feel ready. Take a deep breath, a good old run up, and jump right on in.

Life bends for the courageous, and courageous is what you're being called to be. You're already facing the right direction – the only thing left to do is leap. You'll figure out the details as you go along. Things may not always be smooth sailing – life on Earth rarely is. However, it's the rougher seas that teach us how to sail with glory, and once you know that, you can navigate any sea, ocean, or storm.

The Andromedans want you to fall in love with surfing the waves of life. To seek more adventures. To embrace your own adaptability and find a way to be the calm in the chaos. You didn't come to Earth to be passive. You came to Earth to truly live. Now, take a good run up and leap.

### **STARSEED SOUL INQUIRY**

How can you be more adventurous – how are you being called to jump right on in and leap?



## KARMIC RELATIONSHIPS

Orion energy. Polarity. Soul growth. Conflict.

The constellation Orion is thought by many to have been a place of great polarity and eventual unity. Some believe that many Starseeds who were part of this cosmic history are incarnate on Earth now and are playing out karmic relationships from Orion times. Perhaps you're one of them.

Polarity causes conflict and highlights separation. However, because of this, conflict can also result in unity and growth. Too many misunderstandings are

caused when we don't open our heart and mind and see things from a different point of view. When we go into reactive second-guessing mode instead of gathering the courage to open our heart, we should admit that we may have reacted because of our own woundings, and then find mutual ground.

We're all innocent children looking to be seen, understood, and cherished. It's much harder to grow closer through conflict than it is to grow further apart. And yet that's the invitation of conflict. It's easy to react and take things personally. It's more challenging to see the innocence of all involved and find a way to grow closer through the conflict. It's through relationships that we grow the most.

How can you soften your heart and drop your defenses enough to see things from a different point of view? How can you see the innocence of all involved? How can you learn to see the similarities rather than the differences?

### **STARSEED SOUL INQUIRY**

Which relationships do you find the most challenging? How can you see things from a different perspective? How are you being called to allow growth through the conflict?



## LIFTING THE VEIL

Questioning everything. Anything unaligned must go.

Things aren't always as they seem. This era is one of uncovering mistruths so we can remember ancient truths. Everything is in a state of recall and realignment. Anything that isn't in harmony with the planet will not survive.

This goes for society and the world at large as well as in our own lives. If you pull this card you're being called to energetically scan your life for things that may no longer be a vibrational match for who you

are and how you've grown. To dismantle the systems and ways of being that once served you and others but no longer do.

Some Starseeds are here to lift the veil between the seen and unseen worlds. To shine a light on things that are inauthentic or unaligned with the survival and wellbeing of Earth. To stand for and protect those who don't have a voice. To look deeper and question everything that previous generations did not.

Some Starseeds cannot tolerate things that aren't congruent. They're here to bring society and humanity back into harmony with the planet and the creator at large. If we tolerate things in our life that aren't aligned and congruent with it, we add to the misalignment of the planet.

You're being called to trust yourself, notice what's out of alignment, and then take the baby steps required to bring it back into harmony. This is no easy feat, but it's so worthwhile. Both individually and for the planet.

### **STARSEED SOUL INQUIRY**

What isn't congruent in your life?  
How are you being called to bring  
it back into harmony?





## LOOSEN YOUR GRIP

Coping mechanisms. Density. Addiction. Let God in.

We're cyclic beings, and Mother Earth teaches us how to be human every day with the coming and going of the tides and the seasons. If you're clinging to anything, you're resisting the natural flow of who you are. The things we cling to are so often those we most need to let go of: the food, the substances, the relationship, the job, the people-pleasing...

The things we cling to often cover up our most vulnerable space – the part we're most afraid

to leave empty; the part we guard and don't let grace into. But by keeping that space covered with something that doesn't serve us, or clinging to it for fear of it not staying of its own accord, we prevent ourselves from receiving the things that will. *A Course in Miracles* tells us: 'Whatever we leave empty, grace will fill.' And the Buddha said: 'You can only lose what you cling to.' Indeed, both are true.

If this card appears, you're being called to find the courage to loosen your grip and give up control. To release your coping mechanisms and leave space for grace and God to enter. To surrender all that feels dense to the divine.

Loosening your grip doesn't mean that what you're clinging to will go away. It may. Or it might stay. But you can be sure that what is for you, will find you. And you'll breathe easier knowing that you've shifted from relying on your own strength to surrendering to the grace of life.

### **STARSEED SOUL INQUIRY**

What are you clinging to for fear of  
nothing coming to take its place?



## LOST LANDS

Soul memories and gifts. You've done this before.

The world is far more ancient than our documented history suggests. As souls, many of us have experienced ancient eras on this planet that were much more advanced than ours today. As we begin to remember these times, the remembering and gifts can come flooding back.

At this stage in Earth's timeline, we need the wisdom of the ancients to survive as a species. You're being called to connect with the lost wisdom of your

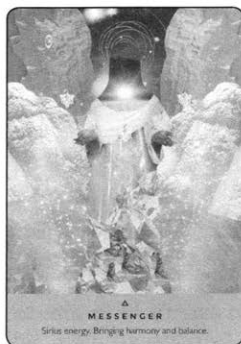
own soul. If you feel guided to make a change in your life – to step into a new career path, birth a creation, or bring an idea to life – but feel unprepared, this card is calling you to consider that you've done this before. Perhaps your soul has wisdom beyond what your lifespan can imagine. Perhaps the intuitive hits and ideas you're receiving are divinely guided. Perhaps you've been preparing for this time.

Some think that lost lands exist in the past; others believe they exist today, in a different dimension. I believe these ancient lands also exist in the souls of those who experienced them. If this card comes to you, perhaps the wisdom of lost lands such as Lemuria, Atlantis, and Avalon exist within you. And through surrendering to the intelligence of your soul you can unlock the seeds of these ancient lands so we can all learn from our mistakes and usher in a new age.

### **STARSEED ACTIVATION**

Place the card on the portal of your heart and whisper the following:

*'I unlock any forgotten wisdom and soul gifts from lifetimes past.'*



## MESSENGER

Sirius energy. Bringing harmony and balance.

You're part of the lineage of souls who have dedicated their lifetimes to the upliftment of the planet. To returning time and again to seed the light. The crystalline ones. The ones who are here to plant the sacredness of life back in. To honor both the sacred feminine and masculine. To usher deep reverence back in.

Many Ascended Masters are thought to be connected to the energy of Sirius. Often appearing

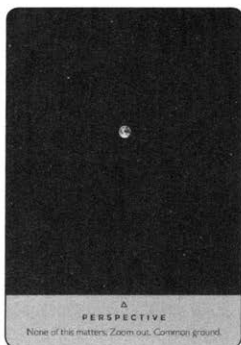
as a shade of blue, they hold the frequency of pure love and are here to help the masculine and feminine exist in harmony. To ensure greater balance. To help us see that we're all connected and that the masculine and feminine energies exist within us all.

You're being called to bring about this balance and harmony between the masculine and feminine. To be a guardian of harmony and balance on Earth. Think of the whales traveling around the globe, sharing love through their healing, vibrational song. Their unique notes send balance and harmony to every corner of the planet.

A rebalancing of the masculine and feminine is occurring worldwide. It's a resurgence of the sacred within us all. A returning of the sacred union within. A rekindling of heaven and Earth. You can begin to bring harmony and balance by creating it in your own life – the ripples will flow from there. You can honor and balance the sacred masculine and feminine energies within yourself and others.

### **STARSEED SOUL INQUIRY**

How are you being called to bring harmony to your life or the planet? How are you being called to honor the sacred masculine and feminine within you?



## PERSPECTIVE

None of this matters. Zoom out. Common ground.

Take a step back and look at the bigger picture of your life. Step away from the blinkered vision and reactive frame of mind of 'me against them.' Change your perspective. Shift your point of view and zoom out, out, out.

We are but a speck of dust in the Universe yet we think everything revolves around us. We see the planet as ours to own and conquer, pillaging the land and setting ourselves up for our eventual extinction.

We build fences and walls and create invisible borders. Mother Earth doesn't need us to survive, but we need Her. It's time to wake up. A new perspective is urgently needed.

We become so lost in our individual experience that we don't realize that most of the things that keep us awake at night are actually distractions. We're wasting our precious time and resources fighting each other when we should be coming together to heal what's been severed.

This moment is a breath in the timeline of your life. This life is a fleeting moment in the tapestry of your soul's experience. Your soul's experience is a flash in the timeline of the known Universe. And the known Universe is a grain of sand in the unknown Universe. Take a moment to see the bigger picture. To find common ground. To find deep compassion in your heart. To gain a greater perspective of humanity in this fleeting moment in the timeline of your soul's existence in the timeline of all that is, was, and ever will be.

### **STARSEED SOUL INQUIRY**

How are you being called to  
change your perspective?





## PORTAL

Doors are opening. You decide. Rewards. Wild card.

Doors are opening for you. Your thoughts are extra powerful for you right now. Planets are aligning. The timing is right. The Universe is saying YES! You have the Midas touch.

Your hard work is being rewarded. This is a time when you can reap the rewards for efforts made in the past. It's also a time when you can achieve a lot. Great leaps can be made. Extreme transformation can occur. Great distances can be traveled in a short

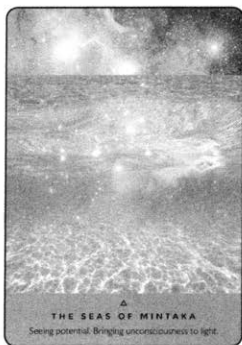
space of time. You're swimming with the cosmic current of life.

What experience would you like to have? What do you want to create? What new adventure would you like to manifest? Don't lose focus. Use this moment in time wisely. Be conscious and clear with your emotions and thinking. Projects that you've been working on are coming to fruition. Things are in full bloom. It's time to take your harvest and taste your well-earned fruits.

When this card comes up in a spread it's a sure sign that effortless change is possible. If you've been looking for a sign, this is your portal into that new reality. Now is the time to make big changes. If you've been guided to switch things up, you're extremely well supported right now. Use this energy and jump right on in!

### **STARSEED SOUL INQUIRY**

What would you most like to experience?



## THE SEAS OF MINTAKA

Seeing potential. Bringing unconsciousness to light.

Mintaka is thought to have been a water-based planet containing the most crystal-clear waters you could ever imagine. So clear that you could see for miles and miles underwater.

The Seas of Mintaka card represents this crystalline clarity of potential and possibility. It's about the ability and choice to see the potential in all people and situations. This could be one of your natural traits, or it could be a sign that what you're

currently doing has great potential. Mintakans are thought to have been a galactic race who saw the light in everything and everyone.

You may have received this card as confirmation that a situation or project has extreme potential and will reach fruition. If it appears in a spread, it's a very positive sign that things are working out for the highest potential of all involved. It's a very uplifting, light-filled card that brings great harmony, contentment, and positive outcomes.

According to Carl Jung, 'that which we do not bring to consciousness appears in our life as fate.' When water appears in dreams and art, it often represents the unconscious mind. Pulling this card also means you may be called to bring to light any unconscious patterns of which you're unaware. To look at them and see them clearly and consciously so they don't appear in your life as fate. What unconscious patterns or behaviors are ready to be brought to the light of day?

### **STARSEED SOUL INQUIRY**

How can you see the potential in a situation you're facing? What unconscious patterns are you being called to bring to light?



## THE SEVEN STAR SISTERS

Birthing creations. Tapestry of life. Expression.

There are new creations that want to be born. Beauty that's yearning to be woven. New consciousness that's longing to be breathed into life. If you draw this card you're being called to surrender to these creations – to usher in a new era of consciousness and do your bit in weaving the web of life.

This is the card of the artist and the midwife. You're being called to ponder questions: What wants to be birthed through you? What new creations are

whispering in your ear? What beauty are you being called to make?

Creativity and intuition come from the same sacred place. They occur when we find ourselves flowing with the rest of life. Earth is renowned as a planet of manifestation and creativity and yet so many of us have forgotten how to create. Somewhere along the way we stopped seeing ourselves as artists, as creatives, as poets... Yet to be human is to be creative. Creativity is part of your true nature.

Perhaps you're being called to surrender to a creative project, such as a new business or a book. Or perhaps you're being called to weave beauty in your home or in the way you cook. Regardless of the end result you're being called to express yourself through your creativity. To surrender to the creative projects that both scare and excite you. To find a way to weave beauty back into everyday life. For where there's creativity, spirit and soul are present. And the world needs those qualities more now than ever before.

### **STARSEED SOUL INQUIRY**

What new creations are you being called to birth?



## STAR ANCESTORS

Hidden secrets. Lost wisdom. Look a little deeper.

The ancients knew much more than we do about our connection with the stars. Their pyramids, temples, and other places of worship, created in precise alignment with the stars, exist in all corners of the world.

What if this ancient wisdom is available for you to uncover now? You're being called to think and listen with your ancient heart and soul. To tap into the part of you that remembers and knows. All ancient

secrets are whispered forever in your ears. All mystic knowing blooms in your heart. All potent power pumps through your veins.

You're being invited to step into your ancient knowingness. To be held by the remembering of the star ancestors. To look a little deeper. If you're feeling stuck, you're being called to do something different – to change your point of view. Creativity happens when we put together two things that don't belong. When we do the unexpected. So often a creative solution is right in front of us, but because we think the same thoughts and act the same way, we miss what's in the open.

You're here to remember and uncover ancient secrets and transmissions. Technology and wisdom that are so needed on the planet right now. To unlock your soul's memories of a time when we lived in harmony on Earth, and one day will again.

### **STARSEED ACTIVATION**

Place the card on the portal of your heart and whisper the following:

*'I'm ready to remember ancient mysteries and secrets from deep within.'*





## STAR BATHING

Light body. Crystal grid. Transmission. Activation.

The stars are constantly showering emanations onto the crystalline grid of the Earth. When things are in balance the planet also sends information back up to the stars. Many Starseeds have come to Earth at this time to help shift the planet vibrationally. To activate the ancient codes of wisdom that humanity has forgotten. And all of that information is stored in the crystalline grid.

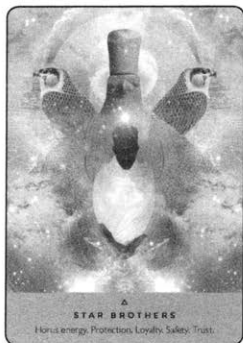
If you pull this card you may be being called to begin working with the stars and the crystalline grid of the Earth. Some people believe that the crystalline grid of the Earth anchors divine cosmic frequencies onto the planet. You may be guided to journey to particular places on Earth to unlock these cosmic codes with your presence. You may also be interested in a practice called star bathing; download a star bathing meditation at: [www.StarseedOracle.me](http://www.StarseedOracle.me).

This card commonly arises because you're here to connect with the crystalline grid of the Earth, either in your hometown or by traveling to other places without quite knowing why. It also can mean that your light body (the energy body in its highest form) is being activated. If this resonates, take things extra slow in order to integrate this change of vibration.

### **STARSEED ACTIVATION**

Place the card on the portal of your heart and whisper the following:

*'I open myself up to receiving the wisdom of the crystalline grid beneath me. May the stars and the Earth inform and heal me. And as they do, may it heal the Earth too.'*



## STAR BROTHERS

Horus energy. Protection. Loyalty. Safety. Trust.

You're more protected than you can imagine. It's safe to open the back of your heart. You're being called to be open to receiving a new level of support now – from those in your life and from the benevolent beings you're connected with.

Through ancestral patterning, current life traumas, and past life karmic impressions, many of us have become mistrustful and suspicious of loyalty and have blocks when it comes to receiving support. We've

learned that we need to go at life alone. That it's not safe to let our guard down and our heart open. That the world isn't a friendly place.

The Star Brothers want you to have a new experience of life on Earth. They want you to feel deeply secure and safe, even if you're going through a difficult time. They want you to hand over your fears to them. To see them as opportunities to let in more love.

They're guiding you to stay open to receiving a greater level of support than you can ever imagine, both in this world and beyond. To call in your team of loyal protectors and supporters, both physically and energetically. They want you to learn to soften through life's ups and downs and to learn to open your heart, especially when it most wants to harden.

### **STARSEED SOUL INQUIRY**

How can you open yourself up to  
receiving more support?



## STAR FAMILY

You're part of a team of souls. Call in support.

At some stage, we were each a part of a soul cluster – a gathering of souls who broke away from one other to experience themselves individually. Those who are part of your soul cluster are part of your star family.

Your star family are those souls who are cut from a similar cosmic cloth. You haven't just experienced lifetimes together – your souls were once actually one. It's very common for star family members to incarnate at similar times, to work with anchoring

a similar frequency of light, and to cross paths with each other.

You know that someone is part of your star family when you feel like you know and remember them from the moment you meet. They feel instantly familiar and comfortable. Time both passes quickly and stretches when you're with them. You feel more yourself with them than with anyone else.

It can sometimes feel like 'looking in the mirror' because in a way you are. Often you'll go out of your way to help those in your star family, instinctively knowing it's part of your path. When a star family member dies you feel it very deeply, regardless of how long you knew them. A certain soul mourning or soul breaking occurs.

Think about the people in your life – who do you feel is part of your star family? If this card comes up in a spread, it's likely that you've met someone who is part of your star family, or you're about to.

### **STARSEED SOUL INQUIRY**

Who do you think is from the  
same star family as you?

How can you call upon them for support?



## STAR KEEPER

Cosmic ancestor. Seed the light by staying grounded.

You're an ancient keeper of the stars. Here to anchor and seed your light in your unique way. You've likely been incarnating on Earth for some time, dedicated to an era of awakening and bringing about a long-awaited shift in the planet's evolution. We're at a tipping point now. The survival of Earth and all its species is coming to a head.

The more grounded you remain during this transitional period, the more helpful you'll be. The

more you tend to the flames of your own heart, the more love you'll anchor onto this planet. The wisdom of the stars is imprinted in your soul. The more soul fragments you call home, the more this wisdom is seeded here.

You may be called to be in different places in the world, to anchor this light. Perhaps by taking a trip or living in a certain location. You may also find yourself experiencing awakening symptoms. The more grounded you remain, the more stable Earth's energy will become and the less reactive humanity will be.

You're here for a double mission: to grow as an individual and as part of a larger collective that's bringing about a shift in frequency. Trust that you can be in the world but not of it, and lead a truly glorious life.

### **STARSEED ACTIVATION:**

Place the card on the portal of your heart and whisper the following:

*'I acknowledge that I'm a Star Keeper.  
I choose to anchor my light and  
stay as grounded as possible.'*





## SURRENDER TO THE SWEETNESS

Venus energy. Pleasure. Joy. Make love to life.

This is a sensual, highly feminine card. It's a call to surrender to the sweetness of life. To let the ever-abundant feminine take over. To taste the fruits you've been working so hard to grow. To let your senses take over and really drink in your life with wonder. To get intoxicated on the simple bounty that this planet has to offer and which you have within you when your well is full.

The ancient Babylonians connected the feminine goddess Ishtar to the planet Venus, and in Roman mythology Venus was the goddess of love and beauty. In our night sky, aside from the Moon, Venus shines the brightest.

Time is our most precious resource, and it's the greatest healer. If you've been all work and no play, this is a sign to take some time out. To reconnect with your lover, play with your children, and give yourself the luxury of time without an agenda.

Many of us are so busy building our lives that we forget to enjoy them. We forget why we decided to build them in the first place. Disconnection from the sweetness causes more pain than we realize. So many of us walk into soulless buildings five days a week in the name of survival. We strive to build the life of our dreams but drive ourselves to exhaustion. This card is wooing you back to the pleasures of being human. To focusing on what really matters and enjoying your incredible life.

### **STARSEED SOUL INQUIRY**

How can you surrender to the sweetness of life?  
What's one way you can enjoy your life a little more?



## TRUST THE TIMING

Trust the wave you came in on. Time is not running out.

So often, those who feel like they're here for a reason sense that time is running out, and they spend their life worrying that they might miss their moment. But the only way to miss your life or your moment is to spend your time worrying about missing it. It's never too late to answer a calling and you're never too old.

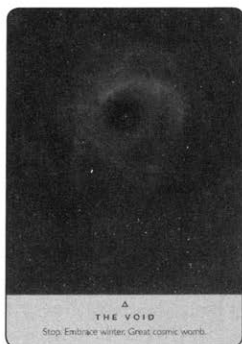
The tides of your life are magnificently orchestrated to come in and out in perfect unison. Don't race ahead and ride a wave that was never meant for you. You'll

waste your precious time and energy when instead you could be enjoying your life. Everything has a season and you're being called to trust the one you're in. Don't let impatience, comparison, competition, or paranoia disturb the seeds.

It seems that everyone has anxiety these days, constantly scanning for something they might have missed or a possible threat. Keeping our mind and body pointed in the same direction as our soul is near impossible at such reactive speeds. Right now, you're being reminded to take a breath and trust the wave you came in on. To trust the season you're in. Time isn't running out. There's plenty of time. There's no rush and it's never too late.

### **STARSEED SOUL INQUIRY**

How can you trust the timing of  
your life a little more?



## THE VOID

Stop. Embrace winter. Great cosmic womb.

Everything and nothing exists in the Void. It's where all life begins and ends. It's the winter and the womb. The fertile darkness where all things originate and all seeds grow. Comforting and intimidating. Freeing and daunting. It can feel both overwhelmingly small and huge. The Void is where faith lives.

The message of the Void is to surrender to the unknown. To allow the fertile darkness of nothingness to nourish the new seeds growing within you.

Regardless of whether you know what they'll one day become. You're being called to surrender to the mystery of what's next. To rest, and to allow the winter of your life to do the work for you. To hand over your control and trust that just because you can't see what's happening beneath the surface, it doesn't mean things aren't at work.

The greatest weavings happen when we find a way to surrender and trust that our life is being knitted for us. Right beneath the surface. In ways known and unknowable. Now is the time to cultivate faith and allow deep, deep rest.

The Void often surfaces at the end of a chapter or life phase. When we're called to let go of all that we know and identify with. When you're in the Void it can feel scary – and as if you should be 'doing' something. However, when this card appears it's a sure sign that the most productive thing to do is relinquish control and surrender to the changing mystery of your life.

### **STARSEED SOUL INQUIRY**

How are you being called to surrender  
to the unknown mystery of your life?



**W A I T**

It's not yet time. Things are being woven.

In our fast, loud, reactive, comparative world, where an instant response is so often expected and at times even a currency, it can feel almost impossible to take a breath, let alone give ourselves the space to rest, wait, and reset. We're so often in overdrive, expecting instantaneous results over and over again. And when guidance doesn't come at these extreme speeds, it can feel as though something's gone wrong.

But often, not receiving guidance is guidance in itself. When you ask for guidance and don't receive it, it can often mean wait. It's not yet time.

The

details

are

being

woven.

Our challenge is to keep trusting when, on the surface, it appears that nothing is happening. To remember that no matter how long or bitter the winter, spring does always come. To remember that you don't need to solve all of the world's problems in a single day – and that perhaps they'll be better solved with some perspective and a good night's sleep.

This card is your permission to slip, to slow down, switch off, and rest. You're being reminded to have patience and to trust the mystery of life. To trust that things are being woven on your behalf. It may not be happening to the timeline you'd like, but if you gather up the patience it will be orchestrated better than you can ever imagine.

### **STARSEED SOUL INQUIRY**

How can you slow down, be more patient, and wait?





## WATER YOUR GARDEN

Nourishment. Body care. Tenderness. Rest.

Earth is a seasonal planet and, as such, you're a seasonal being. Cyclic. You can't be 'on' and in 'full bloom' month after month, day after day after day. You're strongly being called to put on the brakes, rest, and refuel. To take a moment to restock and replenish, and slow right on down.

Your body is the only body you're given, and it needs to be respected as such. You're being called to take responsibility for your wellbeing, to put your

health and body first. I know it can feel like time is running out and as if there are urgent things that simply can't wait. However, if you keep pushing on, soon fatigue will set in.

This way of living isn't sustainable. If anyone continues to race through life, eventually they will reach exhaustion and it will take longer to recover than it would have done to rest. Immune system disorders and mystery illnesses are becoming more common because we're putting too much pressure on our bodies to keep up with the instantaneous pace of modern life.

How are you being called to put on the brakes? To rest, restore, and rejuvenate? When was the last time you took a holiday, or had a full weekend, day, or afternoon off? Look after your precious body and mind. Give yourself enough time to recover when you find yourself running on your reserves. There is enough time. Life will bend toward you when you do.

### **STARSEED SOUL INQUIRY**

What is your body yearning for?



## WE THE HATHORS

Deep love. Mother's milk. Birth as a portal.

Birth is a portal that ushers in new life. The Hathors are here to remind you that you're a child of the Cosmic Mother and you're being called to be held by her deep, never-ending love and embrace.

This is a tender, nourishing card reminding you to receive the deep, deep love of the Mother's embrace. The Hathors know that the journey on Earth can be rocky and lonely at times, but you're being reminded to rest more deeply in the Mother's arms.

This is a card of extreme potency. Of femininity. Of creation. And of birth. You're being called to mother yourself and others, too. To surrender to your sacred femininity. To create and surrender to your own creations. To hold and be held.

You're being called to remember your place in the web of life, and to realize that the Cosmic Mother is watching you every step of the way. You may be going through a transition right now – moving from one way of being to another. If so, you're being reminded that you're cradled in a sacred container. That you're more held than you can possibly imagine. And you have access to more love than your heart can bear.

If you're struggling in any way, you're being reassured that things will work out. Open yourself to receiving the overflowing love of the Cosmic Mother, flooding toward you from every direction. Let it stretch your heart.

### **STARSEED ACTIVATION**

Place the card on the portal of your heart and whisper the following:

*'I allow the deep love of the Cosmic Mother to wash over me. I'm loved. I'm held.*



## WEIGHT OF THE WORLD

Boundaries. Let it go. It's not yours to carry.

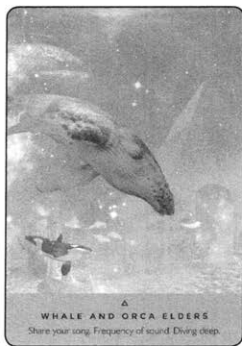
You don't need to carry it all. You're no good to anyone if you're running on empty and bogged down by the weight of the world. This card is a reminder to look after your own wellbeing before anyone else's. To stop carrying the world's problems on your shoulders. To put on your own oxygen mask first. In these changing times, it's hard not to feel overwhelmed by the state of the planet; however, you can't take on its problems from a place of energetic depletion.

This card is thanking you for caring so much. You want to build a better world and ease the road for others – and that's incredible. But the way you've been doing so is likely unsustainable. This isn't to say you should switch off to the world's problems and become unconscious; rather, it's a call to establish clear boundaries so you're not constantly taken out energetically. The planet needs you to be healthy, both physically and emotionally.

So, instead of digesting the news or reaching for your phone as soon as you wake up, show up first to a nourishing practice such as meditation, soul inquiry, deep breathing, or exercising in nature. Once you're in a state of grace and your inner well is full, you can face the day, the state of the world, and care for others. And at the day's end, take an energetic shower by emptying out anything that's not yours to carry. You can pick it up again the next morning, if you so choose, but give yourself time and space to rejuvenate and rest.

### **STARSEED SOUL INQUIRY**

What are you carrying that isn't even yours?



## WHALE AND ORCA ELDERS

Share your song. Frequency of sound. Diving deep.

The Whale and Orca Elders are benevolent cosmic beings here to anchor a frequency of love onto the planet. To harmonize it with their song. As they weave around the oceans they do so much more than any of us know. Their physical presence affects Earth's magnetic field and their harmonics call us to wake up and remember our own soul's song.

Looking into the eye of a whale is something you'll never forget. Whales see into your very being

and in an instant, you're changed forever. They see beyond the physical, the woundings, the identity, the personality, the story. They see right into your soul.

If you pull this card you're being called to surrender to your deepest truth and share it with potency. To bow to who you truly are. To stretch your heart wide enough to hold it all. To leave your fears, doubts, and baggage at the door. To question any part of you that doesn't feel good enough.

The Whale and Orca Elders want you to give others the privilege of seeing who you truly are – and for you to see the same in other beings. To drop your hang-ups and personality flaws and get busy revealing the unique note your soul came here to sing.

Allow the song that echoes in the four chambers of your heart to emanate in all four directions. Peel back the layers of suffering and pain and reveal to others your soul's true song. And endeavor to see the soul of all those you meet.

### **STARSEED SOUL INQUIRY**

How are you being called to share  
your soul's unique song?





## YOU GOT THE LOVE

Hadarian energy. Codependency. Boundaries.

The Hadarians are believed to be beacons of pure, divine, unconditional love who see love in all people and situations. As a result, they can find it hard to have boundaried, interdependent, healthy relationships because they only see the unconditional nature of those they meet.

The lovers of the cosmos, they dive in fast. They're here to learn how to love while in a separate body. To learn to love self first and then establish healthy

relationships with others. To remember that the love they seek is already within them. That they truly do have the love all on their own.

The message of this card is to review the ways you may need to establish healthier boundaries. Perhaps you're in a codependent relationship in which you may be losing your sense of self. It's common for Starseeds to dive deep into relationships, particularly with those who feel safe and familiar at a soul level.

Perhaps you're in a relationship in which you give more than you receive. Or perhaps there's a certain volatility to it and you're always unsure where you stand. This card is a sign to do a relationship review and see what energetic agreements you've made, consciously or unconsciously. To acknowledge if there are relationships in which you feel anxious or powerless. In which you don't feel like it's safe to relax and just be you. To assess if there are any places of inadequacy that you've used a relationship to soothe and cover up.

### **STARSEED SOUL INQUIRY**

Do you lose yourself in relationships? If so, how?  
How can you develop a deeper love for yourself?



## YOU'RE NOT ALONE

Isolation. Physical connection. Community.

The older the soul, the deeper the cave. Many Starseeds and old souls enjoy their own company. Spending time alone can be comforting and necessary for their vitality, as it allows them to commune with their soul and fill up their energetic resources – especially if they have an underactive or open root chakra or find it hard being human.

Many Starseeds find it more nourishing to retreat than to spend their time in meaningless conversations

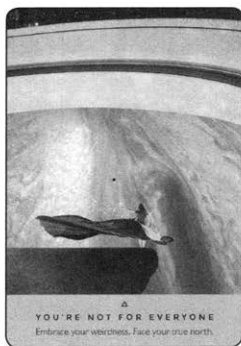
and relationships. However, we must remember that we're not here to go about this life alone. Humans are pack animals and we all need the love, company, and support of others. Both emotionally and physically.

In our increasingly online world, we can be 'connected' to more people and yet feel more alone and isolated than ever. There's still so much we don't know about the energetic side effects of things like social media, with so many people knowing our 'news.' What is it doing to our auric field?

Commonly, we find ourselves in constant conversation yet lacking the genuine connection of physical community and touch. The main message of this card is to step out of your cave and physically reach out to those in your life. To replenish when you need to but not isolate yourself. This could be seeing friends and family who live nearby or having a regular catch-up walk with someone. In what ways can you open yourself up to the people who are physically in your life? Those you truly know?

### **STARSEED SOUL INQUIRY**

How can you reach out to people  
in your life physically?



## YOU'RE NOT FOR EVERYONE

Embrace your weirdness. Face your true north.

The world is filled with people who, no matter what you do, just won't like you. But it's also filled with those who'll love you fiercely. They are your people. You're not for everyone and that's okay. Talk to the people who can hear you.

Don't waste your precious time and gifts trying to convince others of your value – they won't ever want what you're selling. Don't try to convince them to walk alongside you. You'll be wasting both your

time and theirs and will likely inflict unnecessary wounds that will take precious time to heal. You're not for them and they're not for you; politely wave them on and continue on your way. Sharing your path with someone is a sacred gift – don't cheapen it by rolling yours in the wrong direction. Keep facing your true north.

Pulling this card means you're being called to embrace your uniqueness, to own your weirdness. To let the world see who you really are. To reveal your multifaceted, multidimensional nature. Not to dim your light according to who is in your presence. To own all parts of yourself so that your people – the ones who are the same kind of weird as you – can recognize you when your paths cross.

### **STARSEED SOUL INQUIRY**

How can you embrace your weirdness and not care so much about what other people think?



## YOUR LIFE IS A CANVAS

Artist. Manifestation. Creative accountability.

You're the artist of your life. And your life is a canvas. Take responsibility for your ability to create. Earth is known as a planet of manifestation. Your present moment is based on your past thoughts and beliefs. Your current thoughts determine your future. What kind of life do you want to create for the future? What are you being called to create?

Reconnect with your manifesting power and align your thoughts, feelings, and actions with the vibration

that matches them. It's never too late to start, and no experience is required. All you need is an open heart and mind and consistent daily action.

If you're not sure what you'd like to create, start instead with a feeling of deep gratitude for all that's good in your life right now. State out loud what you're most thankful for. Look for the good in your life and one thing will be certain: you'll find yourself attracting more and more good experiences into your world.

This card is inviting you to see your entire life as a canvas, and the picture is completely up to you. Color it with your thoughts and feelings. Create the life that you most long to live. You may also be called to be more creative in your everyday life. What have you been called to create? How can you express yourself more creatively?

### **STARSEED SOUL INQUIRY**

What are you being called to create in your life?