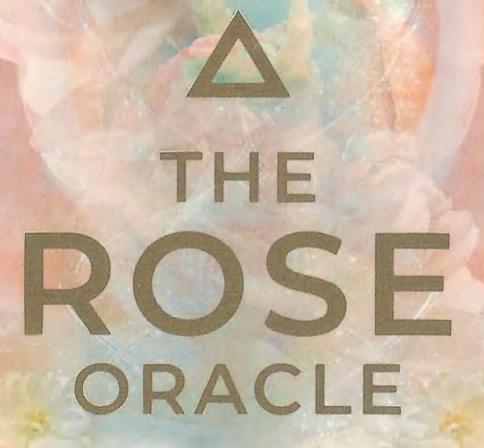
# REBECCA CAMPBELL

ARTWORK BY KATIE-LOUISE



## **How To Read The Cards**

I encourage you to use the cards in a way that feels good for you. I acknowledge that many of us have our own way of doing things and that others are new to working with oracles. Below you'll find some examples of how you can work with the cards of The Rose Oracle, but always allow yourself to be led from within.

#### STEP1

Open Soul Space and Use the Rose as a Gateway

Before you begin a reading it's important to shift from the linear mind into the space of the soul, When we step into soul space, were communing with the intelligence of Life, where everything is interconnected. The rose is a portal through to do this.

In the center of your heart, imagine a beautiful rose. Breathe deeply and picture the rose opening. petal by petal revealing a light in the middle. This is your soul, your ancient self, which is available to guide you every moment of every day. It's the part of you that's connected with the intelligence of Life and nature itself. Say the following invocation out loud or in a whisper:

Mother Rose, bless these cards and speak through them.

Reveal to me/us what's helpful for me/us <insert name> to remember and know.

Thank you, thank you.

#### STEP 2

Shuffle and Connect

Shuffle the cards. Feel into your question/prayer or the area in which you would like to receive guidance. I like to hold the question/prayer in the center of my heart and imagine it emanating all around me. connecting me with the intelligent pulse within all things.

## STEP3

Divide and Spread

Split the cards into three piles and then gather them back into one pile. in any order. Spread the cards out in front of you. You're now ready to select your cards.

#### STEP 4

Select Your Cards

Allow yourself to be drawn to the cards and then select the appropriate number of cards for your chosen spread. Place your selected cards face down in front of you in your chosen formation. Put the remaining cards to one side and then turn over the cards you've selected.

#### STEP5

Let the Cards Speak to You

Using your chosen card spread, start your reading Look up the meaning of each card

in the Card Messages and Interpretations section.

# INTEGRATING YOUR GUIDANCE THROUGHGROUNDED ACTION

- · Soul Inquiry: These prompts allow the whispers of your soul to be heard, voiced, and known. Voice them out loud, meditate on them, or journal on them intuitively.
- · Rose Transmission: These prompts ignite the healing energy and wisdom codes of the rose. There's no sound current more powerful than your own voice, so for each Rose Transmission, hold the card to your heart and read the words loud or in a whisper. I recommend repeating each transmission three times.

#### AFTER THE RAIN

Silver Lining. Relief. Hope. Mercy.

It's over. Acceptance.

There's something very special and sacred about the moment after it stops raining. The atmosphere has released all that it was holding, and in turn, the Earth has been cleansed, replenished, and nourished. It's a similar feeling to the moment after we stop crying. As those salty healing waters fall, they activate oxytocin and endorphins, which create a shift in how we feel. What was once overwhelming now seems possible. And while we may not know it consciously, noticeable growth will soon follow.

After the Rain is all about hope, healing beginnings. and endings. Emotions are soothed. Broken hearts are on the mend. Times of trial are over. Mercy can be felt. There's a moment of relief. A new, encouraging silver lining can now be made out in the distance. What's been challenging and difficult has or is about to ease up.

If you've been going through a challenging time, this card is here to reassure you that things are about to ease. You've been through the worst of it and now hope is here. These past weeks, months, or even years haven't been straightforward. They've likely asked you to dig deep and endure hardships that have tested you, but now, at long last, there are smooth seas ahead. What you've learned and how you've grown can never be taken from you. And now it's time to enjoy the warmth of the blessings that Life has in store for you. Glorious new beginnings are now possible.

## **SOUL INQUIRY**

What are you ready to release?

## THE ANOINTED

Answer the call. Leadership.

Empowerment. Soul gifts.

Rose oil has been used to anoint initiates through the ages. Royalty, too. This card is here to herald you into an even more powerful expression of what you came here to be and do. It's calling you to step forth into your inner queendom and kingdom. To answer the greatest call of your soul and face your true north. To seed even more of what you came here to share. To acknowledge your arrival as the initiate of your life. To shed the external noise that may have been stopping you from being all that you already are. To realize that you've been training for this for a long time, perhaps even lifetimes.

The path your soul chose to walk is one that few have the courage to walk. And you came here for this. You're being led through this. Your soul is ancient, and with every step you've taken in every body you've been planted in, you've gathered a kaleidoscope of gifts that are ready to be shown and shared.

You're being called to deeply trust the call that you've been hearing. To lead, to lead. The path you're here to pave has not been walked the way you'll walk it. And, as with all ancient initiates. healers, visionaries, creatives, and leaders, you're just one magnificent thread in the tapestry of Life. So. go your own way, trust the road that beckons you forth. and always be led from within.

# **SOUL INQUIRY**

How are you being called to step forward and lead?

#### THE BLOOM

Creations realized. Right time. Harvest. Celebrate.

This card is all about reaping the reward for what you've created. Dreams manifested into matter. It's a confirmation that you're currently in the bloom phase of your cycle of growth, or that you're about to be.

The bloom is when we're at our fullest. The Sun is shining, things are bountiful, and we're at our most expansive. The deep roots of our dreams have been realized. We're blooming. We've made it to where we longed to be. We're likely visible and out in the world. Life is often adventurous, energetic, positive, and good.

This card comes with a message to embrace and enjoy this moment. Celebrate what you've created. Enjoy what has come to you. Revel in it. Bask in the beauty. Drink in the nectar. Be nourished by the sweet scent of what's now in the physical. Enjoy the harvest. Stop and smell the roses of your life. Life is cyclical and the bloom won't be at its fullest forever. Your work through the seasons of your life has brought you to this point.

Don't take the bloom for granted. Enjoy it while it's here. But don't hold onto it for too long. either. Let it be what it is in its fullest. And when the time comes to return the petals to the earth -- and you'll know when that is -- do that too.

# **ROSE TRANSMISSION**

I let the blooming happen. I resist the urge to hold back.

I celebrate all that I've created and enjoy my moment of blooming completely and fully.

#### THE BREATHING ROSE

Heart Healing. Emotions. Connection. Time eases.

Often, healing is a slow, steady process. It's complex, not linear. It takes as long as it takes. And most of the time that's much longer than we'd wish. But, like all things in nature, there's a mysterious intelligence to it. And if we trust it and let the vibrant petals fall to the earth, cut back what's no longer, and protect the new shoots and buds from being pried open, we may find ourselves in a second bloom. And fruit will follow. You can't manufacture that. We must trust the great mystery in the process.

The bud somehow manages to burst through the constraints by opening to life. All of nature has this intelligence within it. The challenge when we're going through a time of healing-which is another word for growth, transformation, change-is not to close ourselves off from the world when we most want to separate and shut down. To somehow find the courage to open through the agony, the difficulty, and the hurt. And when we feel safe enough, to let Life soften us not harden us, to deepen and cradle us.

This is a card of deep heart healing. It will often come to us as a symbol of emotional healing that's in the process of happening. The mending's underway. Treat yourself and your healing with compassion. understanding, and gentleness. This is a card of deep encouragement that you're doing it. Time will ease everything soon.

# **SOUL INQUIRY**

How can you treat yourself with gentle compassion and softness? How an you trust the timing of your healing?

#### **BROTHERS OF THE ROSE**

Sacred masculine. Honor. Protection. Support.

This is a card of the sacred masculine. Like the feminine, the sacred masculine exists within each one of us and together we're all being called to balance both energies within us. The Sun and the Moon. Solar and lunar. Perhaps this is what it means to birth a new world.

The sacred, mature masculine is something so needed in our world. It's the part of us that lives in deep honor and reverence of the feminine. It recognizes the Goddess within all of Life, including the Earth. and is committed to protecting and living in devotion to the feminine. The sacred masculine knows that striving and overpowering, enduring and conquering are not helpful. The sacred masculine is strong and tender, protective but not defensive.

This card could be a sign that you're being called to work on the sacred masculine energy within you that's maturing and rising. It could be that you're being called to work on ancestral healing of the paternal line. It could be an indication that you're being called to invoke or acknowledge the sacred masculine in those around you. Or it could represent the sacred masculine appearing in your life.

The sacred masculine exists within all of us. They are encircling you so that you can do your sacred work -- so that you can be part of the return of the Goddess on this Earth. The rose is their emblem, and they wear it proudly on their hearts.

# **SOUL INQUIRY**

How are you being called to work with the sacred masculine?

#### THE BUD

Potential. Promise. It's about to happen. Keep going.

A bud is an embryonic swelling on the stem of the rose that has the potential to develop into a flower, leaf, or shoot. In temperate climates plants form resting buds that are resistant to the brutal frost.

The bud is the promise of what's to come. It's the physical manifestation of the seeds that we've been holding deep in the earth, nurturing and dreaming through the fertile void of winter. Now, we find ourselves in the inner season of spring, and the bud is beginning to realize what it was always destined to be. But it still requires tending in order to bloom one day soon.

This is a card of encouragement, potential, excitement, and hope. It invites you to keep facing your true north and show up for what you're being called to create. Your effort has not gone unnoticed. Keep going -- someday soon you'll begin to see this beautiful creation in the world.

The bud is connected with spring, the time when the upward energy of Life is bursting on through. You may be seeing the first signs that things are beginning to come together. If you've been working on a project or have been dedicating yourself to ushering in some change in your life, you're being called to keep going and trust that what you've been working toward is happening. Keep tending your garden and before long, the bud will begin to unfold and bloom.

# **SOUL INQUIRY**

What new buds are beckoning to bloom within you?

#### THE CHILD WITHIN

Inner Mother. Innocence. Gentleness. Tenderness.

We can be so hard on ourselves, expecting to heal according to a schedule and beating ourselves up when we make a mistake. The rose wants us to release all hardness from our bodies and all hurt from our cells. To find a way to soften. To remember that no matter what has happened, is happening, or will happen, we're all innocent children of the stars and the Earth. The flowers are here for us. They're a safe, soft place to remember. They want you to nurture the child within.

This is a card of gentle reassurance and compassion. It brings a message of gentle understanding and tenderness. It's reminding you to treat yourself like the innocent child that you are, to take your inner child and let them rest deeply in the soft petals of your heart.

We all have a child within us who at some point went into exile because they were hurt or because the world didn't feel safe. And no matter how much we've grown, when we as adults are hurt or triggered, it's normal to regress to this age and feel overwhelmed by the original emotion. And while we can't change the past, what we can do is scoop up the child within and place them in the soft petals of the rose of our own heart.

#### **SOUL INOUIRY**

How can you tenderly tend the child within?

#### **CODES OF THE SEEDS**

The blueprint is within you. Take the next step.

Seeds come in knowing exactly what to do:within them they hold the potential of entire forests and rose gardens. Seeds have within them an intelligent timing that's connected with the intelligence of the cosmos. We're all seeds; future forests and gardens waiting to be born. We each hold the codes of a new humanity within us. Change is our natural state.

Seeds must be buried in the darkness before they can bloom into the light. Seeds can't even begin to bloom without embracing the fertile void of the winter soil. They can't flower without outgrowing the constraints of the bud. They can't bear fruit without releasing their beauty to the earth and letting go of the very thing about them that captivated others.

This card delivers the message that within you, you have all you need to create what you're destined to create, to move through everything that life delivers and to navigate your way through any terrain. The blueprint has always been seeded within. Trust that you have within you the codes for the most glorious rose garden waiting to bud and bloom. Trust those codes. Remember that blueprint.

All you need to do now is take the next step. And tomorrow, take the next. If you continue taking baby steps each day, on a day not too far from today, you'll look back and discover the most breathtaking garden of roses all around you. And then, fruit will follow. Today, just take the next step. You know what to do. The blueprint is encoded within you.

# **SOUL INQUIRY**

What's your soul calling you to do? What's one baby step you can take?

## **COME TO ME**

Attracting like a rose. Receive. Abundance. Desires.

Have you ever noticed how in summer, when the roses are at their fullest and their scent is hanging in the air, bees and other pollinators suddenly appear? Pollination happens when pollen from one plant mixes with pollen from another or is transferred from the stigma of one flower to the stigma of another.

Roses don't go running all over the place reaching and grabbing:rather, they rely on the bees to come to them. The rose is never reaching for the bee. It's never grasping or overstretching. It embraces what it is fully and allows Life to come to it. It receives it fully. It doesn't open and close according to who walks by; it opens and blooms regardless.

This card is about receiving abundance, rose style. It's an invitation to receive the sweetness of your life, to embrace the magnificence of who you are, and also to open yourself up to the possibility of receiving what you yearn for deeply. To be clear on what you desire. To trust that all that's meant for you wants to come to you. To state your desires out loud and let your yearnings be known. To ask for what you desire.

Don't reach or grasp;don't strive, control, or manipulate -- that will leave you exhausted, parched, and brittle. This card delivers the message that true, sustainable abundance is coming. Connect with your sensual true nature. Be unashamed of what you desire. And when it comes, relish each minute.

# **SOUL INQUIRY**

What do you desire?
What are you ready to open yourself up to receive?
How can you attract like a flower?

#### THE CROWNING

Initiation. Thresholds. Birth. Rebirth.

A seat at the table.

There comes a time when the flower knows that it can no longer remain in the protective constraints of the bud. Somehow, it needs to trust in the birthing energy and surrender to the unknown of the bloom. The same birthing energy exists within all of nature and in birth, both physical and metaphorical.

It's an initiation for the mother as well as the child, who transitions from the water world of the womb to a whole new one on Earth.

This is a card of crossing thresholds and walking through the gates of initiation, which requires great courage and faith. There are rolling contractions and it's almost always not straightforward. As we transition from one thing to another we're called to burst through the constraints of the seed and then the certainty of the bud, so that something new can bloom from within.

We're always birthing something and deep inside we know that the only way to surrender to the initiation is to surrender to the innate power within. This power is inner, but it's also connected with the intelligence that exists within all Life. It's the same energy that tells flowers when to bloom and it was present when you grew in your mother's womb. Trust in that. It will carry you through. Surrender to what's wanting to be born through you. Life is always trying to initiate us into even more of who we truly are.

## **SOUL INQUIRY**

How is life trying to initiate you?

#### THE FERTILE VOID

Inner winter. Rest. Patience.

Potency. Secret beginnings.

This is a very auspicious card. It holds the potent golden seeds of a new beginning and the aftermath of an end. We're called to have patience and enter a state of deep rest, repair, regeneration. and acceptance. To let a part of our lives, or even who we once were, metaphorically die in order to seed. sprout, bud, and bloom again.

There's often a letting go, a grief or mourning involved. A death of self or what once was. The ending of things that were once important. Relationships, jobs, identities, ways of being. The fertile void asks that we honor endings to begin again. It's a crucial part of growth and new isn't possible without it.

In the card you can see the golden seed cradled in the dark, fertile womb of the soil. It's easy to mistake this phase of growth as one where nothing much is happening. But beneath the surface of the winter soil, things have never been more active.

Winter is a phase of initiation, renewal, and rebirth. When we're going through a period of inner winter, we experience this too. We metaphorically 'go underground' by coming to a standstill and allowing ourselves to recover and rest. We don't realize it, but this is the most important part of our growth. And it takes faith and surrender to do it.

Trust the sureness of the soil. The new is being woven without you having to micromanage every move.

Trust the sureness of the soil. Be cradled by the great mystery. This is a very tender, powerful time.

## **SOUL INOUIRY**

How can you surrender into the great mystery?

## THE GRANDMOTHERS

Remember your roots. Perspective.

Trust the weavings.

The rose was here long before you and me, and long before humanity itself. She holds within Her the rememberings of civilizations past, roots that reach back for millions of years and hold the codes of creation. They carry with them the songs of the ancient Grandmothers of the Earth. Can you hear their song?

When this card appears in a spread it's an invitation to reach all the way back to go forward, to reach your roots deep to soar high. The ancient Grandmothers are calling for you to remember the wisdom of your ancestry, long before colonialism severed so much that's sacred; before the rise and fall of empires and entire civilizations, all the way back to the origins of humanity.

They're calling you to play your part in this time of healing. To heal and integrate what you've inherited in your ancestral line. It's not personal; these are changing, healing times that we came here for. To reconnect and reach all the way back to the Original Mother, and to see our role as the ancestors of those who are yet to come. To remain grounded and rooted in your life so that no matter how rocky things get, you always know that you are home.

# ROSE TRANSMISSION

I reach my roots all the way back to go forward.

I call upon the sacred strength and support of my ancestors who did not forget, to be with me now.

I acknowledge the difficulties and what's coming up to be healed.

And I do so for all who are yet to come.

## THE GREAT MOTHER

Surrender to the mystery. Fall into Her arms.

The Great Mother ushered you in when you took your first breath and she'll be there when you draw your last. She knows how challenging life on Earth can be. That at times, being human can be painful. lonely. and confusing That the polarity and separation can be difficult when your soul remembers the oneness of Source. But at the same time. it can be incredibly glorious and sweet.

We often see things as either good or bad:when things go well, we make it mean that everything's okay, and when things don't work out, then perhaps we've done something wrong or have something to fix. We've forgotten that life on Earth isn't like that. Polarity is at the core of the Earth experience. And it's through the polar extremes that we grow the most. We're not meant to avoid the night, the shadow, and the winter.

This life is but a single breath in the inextinguishable existence of your experience as a soul. Hand over your worries, hurt, sorrow, fears, and doubts to the Great Mother. Lay them on Her altar. Return to the sureness of the soil. Fall fully into Her arms. Surrender to the mystery woven through it all.

Remember that while these extremes are difficult, they can also be magnificent. That unrestrained joy is closer to grief than we think. And perhaps, the more wildly the pendulum of your life swings, the more you can say:'I have truly lived.'

# **ROSE TRANSMISSION**

I'm ready to embrace the extremes of my life. I lay all that I'm carrying onto the altar and fall into the Great Mother's arms.

#### **HEALINGIS HAPPENING**

You're not broken. Trust the process.

It's safe to soften.

You're not broken; you're a part of the ever-changing nature of Life. Ever-changing, ever-changing. ever-changing. Change is your natural state. The rose knows that you were never meant to stay the same -- to be one single shape, size. or way. You're not normal, and that's normal. You're always becoming more and more of who you truly are.

Healing is happening every moment of every day. You're returning to your true state every moment of every day. Call in your support team of people who can hold you in that. Who can trust in the grace of your natural state. A true healer knows that they're not the one doing the healing;rather, they're holding the vision of the return to wholeness. Knowing that wholeness isn't a stagnant state.

When you embrace all parts of life -from the ecstasy to the agony, the joy to the grief, the bloom to the fall, the bud to the rose hip-you'll realize that healing is always happening, and Life is on your side. No one is immune to the polarity of this human experience:the only way through it is to embrace all parts of it. The light and the shadow. And as any healer or initiate knows, the only way to the light is to embrace the shadow within. The shadow, and sometimes the pain, is a portal to your liberation.

You're not broken. You're healing; healing is happening; trust in the timing of Life.

#### ROSE TRANSMISSION

Healing is happening. Healing is happening. Healing is happening.

#### HEALING THE MOTHER LINE

Healing. Ancestral work. Mother line. Growing up.

We're living in a time of complex healing, especially when it comes to the Mother line. Collectively, we're facing the intergenerational trauma that colonialism and patriarchy have imprinted on us. So many born to mothers who were not mothered themselves. It's time to mend the chain.

So many of our ancestral lines have experienced brutal persecution and separation from the sacred feminine. We've been starved of the Great Mother's unwavering embrace and instead told to look only to a male God in the sky. So many were not taught to see the sacred in all things and the feminine in all Her stages as sacred, powerful, and holy. This way of living has gone on for too long and we're all being called to heal it on behalf of our ancestors (past and emerging).

Healing is possible. It may not be straightforward or easy, but it's possible. It can be felt forward and back -- your ancestors past and future are singing with you. It's time to release our mothers all the way back for what they may not have been able to give. To find a way to cultivate the loving Mother within. To treat ourselves with the same deep reverence, adoration, understanding, and compassion that we longed for all along. You can be that for yourself today. You can meet yourself where others could not. And as you do, future ancestors will bless you for finding the courage to release and heal deep.

#### ROSE TRANSMISSION

I reach all the way back to the original Mother and I set all the mothers, and myself, free

#### HELD

Sureness of the soil. Unseen help. Support. Community.

When times are turbulent, to keep ourselves steady, we need something to hold on to. When things are crumbling around us, we must find something we can count on that won't budge. Deep roots to hold us steady when the winds of change come blowing. A supportive community around us.

When we leave home, we must find something to hold us. When our lover leaves, we must find something to hold us. When the job ends, we must find something to hold us. When our parents die, we must find something to hold us. When we think there's nothing holding us, it's an invitation to find new, supportive ground. This is where we can discover the sureness of the soil. The holding of the roots. And reach out to our community for extra holding. We were never meant to grow on this Earth alone.

Sometimes, Life rips from us what we cling to the most. Or perhaps we cling to it for we can feel the cycles of change coming. Yet in the darkness of our longest, darkest night, we discover that it's in the empty spaces that we can be reached and held the most. It's in these that we discover a holding that we didn't know before. And we discover that what we thought was a tomb is actually a womb.

You're being called to trust that the Great Mother has got you. To trust in the sureness of Her soil. To trust the process of what's unfolding and that you're not going through this alone.

# **SOUL INQUIRY**

How can you call in more support in your life? What's holding you right now?

#### THE HOLY GRAIL

Stop the endless searching. Inner quest.

The Holy Grail is a mysterious, long-sought relic about which stories have been told through the ages. Some believe it holds the key to eternal life and divine union. Many devote their lives to discovering and possessing it. It features in the legends of King Arthur; the knight Galahad achieved the vision of God through the Grail.

In Christian mysticism the Grail is the cup used by Jesus at the Last Supper and afterward by Joseph of Arimathea to catch blood at the Crucifixion. It was taken to the isle of Avalon and buried on Chalice Hill (Glastonbury, UK), which turned the Chalice Well waters red. Pilgrims travel from all corners of the world today to drink from these healing waters. Some believe the Grail legend pre-dates Christ and was inspired by the wells and cauldrons of Welsh and Celtic mythology.

The Holy Grail is the ultimate spiritual quest. Many see quests as physical places to journey to, conquer, or find, but perhaps the Grail is an invitation to go inward. To connect with the grace within to find it without. To realize that this journey of drinking from the eternal well is to find it deep within as the part of us that cannot be extinguished.

Perhaps this is why the rose is a symbol that goes with the Grail. Her petals calling us to spiral in. For it's there that we find the nectar of all that we've searched for patiently waiting for us to return to it. Stop looking without, stop the endless searching, turn your gaze within.

## **SOUL INQUIRY**

How can you go within and focus more on what really matters?

## LINEAGE OF THE ROSE

Moved by the Goddess. Here for this.

Soul call. Gather.

These times, these changing, divisive times-your soul chose to be here right now for this. You're part of a collective team led by the Goddess, by the Mother of Us All to reweave the thread of the rose back into the tapestry of humanity. To make spaces where all people feel cherished and safe. To heal and be healed from the destructive patterns of patriarchy. To be part of the return of the Goddess to the Earth.

If you've been doubting your path, you're being called to look within and trust the whispers and weavings from caverns deep. The way of the mystic rose is walked by few, and known by heart not mind. Try not to overthink;rather, trust the threads that are woven deep.

This card contains within it a confirmation of the inner call and a reassurance that you're not alone in it. The Mother of Us All thanks you for being part of these changing times for humanity. She acknowledges your devotion to doing your best to support yourself and others in the journey back home -- to themselves, to each other, and to the Earth. She wants you to know that She is available to guide you every step of the way. Speak, sing, and dance with her. You are led. You are led. You are led.

## **SOUL INQUIRY**

How are you being called to commit more deeply to humanity and the Earth?

#### **MORNING DEW**

Clarity. A fresh start. A positive outlook.

There's a special moment when the day is new and the Sun still young when we too are given the opportunity to begin again. The presence of the morning dew welcomes us with the grace of a fresh start, and as the moisture gathers on the rose, it invites us to see things clearly, sometimes in a whole new way than we did the previous day. A new perspective is suddenly here.

Healers from all corners of the Earth believe in the incredible healing quality of the morning dew. They believe that it possesses the same healing properties as the plants themselves, with the dew capturing their essence in clear potency. Practices such as walking barefoot on the morning dew, drinking from the petals of flowers, and placing dew on the body are thought to bring about powerful shifts in healing.

If we're lucky enough to meet the morning in this way, we too may be blessed by the special healing liquid that carries the secret essence of both the Earth and the entire Universe within it:the morning dew.

This card brings the message that clarity is on its way. A new start and a change of perspective are possible. Shifts are coming. The future is looking renewed, hopeful, positive, and bright. Keep focusing on your ideal outcome and trust in the presence of the potent morning dew.

# **ROSE TRANSMISSION**

I'm open to receiving the potent clarity and shifts of the morning dew.

I'm open to seeing this situation with new eyes.

## **MOTHER ROSE**

Returning to each other. Compassion. Humanity.

A sacred symbol of the feminine, the rose has been here much longer than us. In times ancient, garlands of roses were placed around statues of Mother Goddesses in worship of Her. We're all Her children. She connects and unites us all. If we trace Her roots far enough, maybe we'll find our way back to each other.

We're living in a time of great division, learning. and unlearning. We're together mending the thread of humanity. This is a card of returning to union by facing what's been broken, separated, and severed. To realize that we're all human and while harm has been done, what's needed now is for us to acknowledge what's happened and endeavor to find a way to return to each other. To realize that it's possible for two people to have a different experience at the same time and that both can be true.

Mother Rose longs for humanity to drop our defenses and reach out to each other with deep honesty and compassion. To face and untangle the sadness, anger, and hurt from our hearts with the help of Her grace. To dig our roots deep until we find common ground. Which relationships are difficult for you now? Who has hurt you? How can you soften and express your truth without being defensive? How can you open yourself up to the possibility that two truths can exist at once?

# **ROSE TRANSMISSION**

Mother Rose. Please show us how to find our way back to you, the Earth, and each other. Please help me to acknowledge what's difficult for me, and may my heart be filled with compassion for all.

## THE MYSTIC ROSE

Compassion. Devotion. Humility. Humanity. Grace.

The rose was a symbol of the Goddesses of old, so it's no wonder that when Christianity absorbed large parts of the indigenous Celtic traditions in Europe, the Mother Goddess Mother Mary became associated with the rose. Perhaps the reason Mary is so beloved is because she was the only Mother Goddess who could be worshiped safely and as such carries with her the devotion and yearning of all those who longed to worship the Goddess in a feminine form.

Mary's connection with the rose is seen in some of her titles, including Rosa Mystica (the Mystic Rose) and the Rose without Thorns. Like those of the pagan Goddesses before her, the processions that honored Mary involved walking on rose petals. The Church altered the stories of Goddesses past -- including those that featured roses, such as Aphrodite turning the white rose red with her blood -- putting Mary in the Goddesses' place. Churches were erected all over Europe and beyond, in many cases on the site of Celtic temples and places of Goddess worship. Many had beautiful rose windows in the west -- the direction of the feminine -- in dedication to Mary, mother of the rose.

This is a card of compassion, devotion, and grace. It encourages us to soften toward humanity and to endeavor to see the world, and even those who have hurt us, with understanding, an open heart, and deep humility. To see that we all carry hurt and are wounded. We have all experienced severing. Mother Mary is inviting you to open your heart to humanity when you most want to close.

# **SOUL INQUIRY**

How are you being called to show compassion today?

#### **OPEN**

Say yes. Expand through the extremes. Trust life.

This is probably one of the biggest challenges of Life: keeping your heart open through the extremes. No one is immune to the highs and lows of the human experience. From the ecstasy to the agony, the joy to the grief, the love to the loss. We can't bypass the difficult parts of being human if we want to truly experience the bliss. And if you close your heart off to the grief, you won't be able to fully experience the joy.

The rose teaches us this, season after season. She knows that if She doesn't surrender to each of the seasons, come summer She won't be able to bloom. Birth teaches us this too. The safer the mother feels, the more she can open.

Living and dying with your heart open is truly a courageous act, as a life well lived is full of losses and tragedies as well as great love, triumphs, and adventures. When we're going through difficult times, when we most want to separate, the healing is often found in connection not separation. When we close our heart and shut down because the pain is too much, we often find ourselves more separate than before. The rose shows us how to open to the world, no matter what the day brings.

This card is here to encourage you to say yes to life, to expand through the extremes, and to put your two feet wholly and completely in.

# **SOUL INQUIRY**

How can you say 'yes' to life?

#### PLANT YOURSELF HERE

Integration. Embodiment. Grounded action.

Invite your soul to come all the way in. From your knees to your nose, your cheeks to your toes. Fully embody your life. Drop the defensive walls. Let your soul land and occupy each and every cell. Anchor all parts of you into the here and now. Life is here even when death is here. Birth isn't possible without it. And you came here to birth this world anew. Don't you remember? Fully commit to living this life. Put your two feet and your ancient soul wholly and completely in.

This is the card of the one who's committed to being the bridge between heaven and Earth. The embodied mystic. They know that they don't need to denounce either heaven or Earth-rather, they are a weaver of worlds. Here to embody their soul more and more with each new day. Here to weave the sacred back into everyday life.

This card is an invitation to commit more fully to your life as a soul having a human experience. To invite your soul to grow roots that reach deep so that you can grow tall. To commit to your humanity and your expansion at once.

The rose invites us to embrace all stages of life on Earth. From the buds to the bloom, from the cutting back to the fruit. Her beauty and sweet scent are an embodiment of heaven. A nectarous reward for being here. The rose reminds us to take a moment to properly enjoy the sweetness and that heaven really can be a place on Earth.

# **SOUL INQUIRY**

How can you commit more to your Life?

#### **RAPTURE**

Sensuality. Love. Devotion.

Romance. Ecstasy. Pleasure.

Flora is the ancient Roman Goddess of spring and flowers. In one myth she was struck by Cupid's arrow and, overwhelmed by love and completely breathless in a moment of rapture, she called for Eros. However, the sound 'ros' came out of her mouth instead. So 'rose' became another word for Eros, and it also became the symbol for love, beauty, and passion.

Many patriarchal religions have placed a shameful cloak around sensuality, sex, pleasure, ecstasy, rapture, and sexuality. One of the most natural, pleasurable parts of life has become conditional and judged. The rose wants us to heal from this, and to remember that pleasure, sensuality, sexual preference, and expression of desire can be some of the most sacred, miraculous things about being a human on Earth.

This card comes with a message about receiving and giving love and pleasure. Flora wants you to know that your sensuality, your passion, and your sexuality (no matter how you identify) are sacred and holy. She wants you to connect with your sensual true nature. And to celebrate this in all people.

# **ROSE TRANSMISSION**

My sensuality is sacred and holy. Other people's sensuality is sacred and holy. I open myself up to express and receive love in a way that feels safe and good to me. I release painful programming and experiences and return to love.

#### RELEASE THE PETALS

Transformation. Death and rebirth.

Shedding. All change.

There comes a point where we can't go back. In a seemingly fleeting moment, the road that led us here is suddenly impossible to access. There's a sinking knowing that things will never be the same. A death, a birth, a loss, a growth, an ending, a discovery. No matter how hard you try, things are different now. You're different now. The world's different now. What's been seen can't be unseen. There's no going back. Something new beckons you forth.

This is a card of change and transformation. Courage is required for the rebirth to happen. Abscission is the shedding of various parts of an organism, such as a plant dropping a leaf, flower, fruit, or seed. The rose hip knows, the phoenix does too, that we need to surrender what was to the earth to one day be transformed anew.

We can grasp the petals of the past as the changing winds blow. But eventually, we'll discover that change is coming, change is near, change is already here. And while what once was is no longer and what soon will be is not yet, it's time to release your petals to the wind with wild abandon for the chance to begin again. To offer what once was to the wind and let it nourish the seeds within.

It's time to surrender so the transformation can happen. Had the rose not released its petals, the rose hip would not have come to be. When we gather the courage to release what was, we're greeted by the fruits of the future.

#### **SOUL INOUIRY**

What are you clinging to for fear of nothing coming to take its place?

#### THE RETURN

A new story. You decide. Alignment.

It's coming together.

You've waited patiently for this moment. You've likely been working on the inner for some time and now the outer is beginning to come into alignment. As changing beings, we're in a never-ending growth cycle. This doesn't mean that we're constantly in bloom. No: this means that we're constantly changing. This card is like the bloom; however, it's more powerful than that. It heralds the coming and going of a whole new way of being. An entirely new story has been written.

This card heralds a great shift in your life. This often takes time. Sometimes even lifetimes. Acknowledge how far you've come and how much you've grown. You're a part of creating change -- not only in your own life but in the world. Take a moment to take it in. You're just one of many, but your being here matters. A petal in the rose of a new humanity. Part of the forever unfolding.

Things are aligning for you and around you. They're convening and coming together. You're in the right place at the right time. Your outer world matches your inner world. This card is delivering a message of harmony, coming together, and the embodiment of holding a clear vision for many years.

You've been doing the groundwork to get to this moment right here. Perhaps for months, years, or even lifetimes. Use this moment. You get to decide what happens next.

## ROSE TRANSMISSION

I acknowledge how far I've come and how much I've grown.

I decide what happens next.

#### THE REUNION

Soul recognition. Collaboration.

Partnership. Friendship.

This current period in history has been spoken of by mystics through the ages. And you chose to incarnate right in the middle of it. You didn't do so alone. We came here in waves and with joint soul missions. You were never meant to walk this life alone. It's time to come back together. To remember that we're not in competition;rather, we hold keys for each other. This is the way of the rose. To bloom bravely regardless of what others are doing. And not be threatened when others do this alongside you.

The rose doesn't open and close according to who's walking by:She reveals Her beauty to the world without waver. You're here to do that too. There are people who at a soul level chose to walk alongside you. But for them to find you, you must first let them see you. Reveal yourself to the world. Open your heart and mind to collaboration rather than competition.

So many of us, particularly those who identify as women, have learned to be mistrustful of one another, as if we're in competition. This card comes with a message of collaborations, partnerships, and friendships. A confirmation that one or more people are entering your life. Or it could be a sign that you're being called to co-create on a project with someone you already know. Decide to bloom together.

#### ROSE TRANSMISSION

I release any old programming of competition. I open myself up to relationships and collaborations.

It's safe for me to trust and co-create. It's safe for me to speak clearly. It's safe for me to set clear boundaries and collaborate.

#### THE ROSE GARDEN

Innocence. Forgiveness. Be gentle with yourself.

You're holy and whole. You're innocent and innately good. You're wholly welcome here. You never got kicked out of the garden. None of us did. This card delivers a message of welcomeness. Of returning to our innocence.

If you feel as if you've done something wrong without knowing what you've done, if you feel ashamed about hurting someone, if you're finding it hard to forgive yourself, this card is gently calling you to release any shame, judgement, or bad feelings. To do what you need to do to let go and make amends. To remember that you're human. And as a human you're here to learn and grow. And so is everyone else.

You're not broken. You never were. You're a work in progress. We all are. You're learning and unlearning. We all are. Be gentle with yourself and in turn be gentle with others. Return to your humanity. Your humanness. Remember that you were never perfect and being human isn't about perfection. Grow and learn-but do it softly. You have goodness in you. Remember that. Cherish that. And cherish that in others too.

We're all doing the best we can. When we learn, we can choose to do something new. Commit to learning and doing better each and every day. This is what it means to be human. To embrace our humanness. Without it we deny the shadow, and it's through facing the shadow without defense that we can learn and grow. Embrace your humanity and you'll find it easier to embrace others and the whole world.

# **SOUL INQUIRY**

How can you be more gentle with yourself?

#### THE ROSE OF VENUS

Alignment. Flow. Right relationship. Harmony.

The Fibonacci series, and the golden ratio on which it's based, is a number sequence in which each number is the sum of the preceding two numbers. A rose's petals hold the golden ratio, with each new set of petals growing in the spaces of the previous set. Perhaps this is why we feel changed by gazing into the spiral of a rose.

The original rose looked very different to those we grow today. It possessed five petals and, interestingly, if we track the movements made by the planet Venus as she orbits the Sun, over a period of eight years, we see they create a fivefold rose pattern called the rose of Venus. Venus was the Roman Goddess of love, sex, and fertility, and her symbol was the rose. Perhaps the ancients knew more about the interconnectedness of the Universe and Life than we think.

There's a sacred order to all things. Nature holds the codes of Life and as you're a part of nature, you do too. There's an intelligent force governing all of Life. The same force that tells flowers when to bloom and the planet how to spin exists within you. Our tendency to overanalyze and overthink can get us out of alignment with nature and thus Life. Our resistance to change does this too.

This card is an invitation to look at anything that doesn't feel in alignment. It's a reminder to trust in the tapestry of your life, your ever-changing nature, and to be dedicated to living a life that's deeply aligned.

# **SOUL INQUIRY**

What's no longer in alignment with who you're being called to be?

#### THE ROSE THREAD

Inner call. Soul-led. The mystic. Living courageously.

This is the card of the mystic. The one who's in touch with the depths of the inner world and the inner weavings of the world and beyond, way beyond. They're dedicated to listening to the mysterious voice whispering within. To following their intuition and living in accordance with that. To living by being guided by the rose thread.

Following the rose thread means being dedicated to walking the way of the rose. To being in service to humanity and dedicated to writing a new story. It requires courage and faith and the willingness to pave a new path.

The rose has been a symbol of the mysteries for thousands of years. The rose thread is the invisible path that the mystic follows. It takes courage to trust it, for the path is different for every single person. This is why it requires courage to trust the inner call. And those who do so find great reward.

This card is a sign that you're being called to follow this initiatory path, led by the thread deep within. You may find that you're in a place of great change and are being called to have faith and gather up the courage to take the next step. This card is a sign of encouragement to keep taking the next step. It's acknowledging the courage it takes to live a soul-led life and honoring you for always taking the leap.

# **ROSE TRANSMISSION**

Even when things feel unclear -- especially when they do -- I trust that I'm always led from within.

#### **ROSE WITHOUT THORNS**

You have a right to your joy. Peace. Sweetness of life.

Most roses have thorns that protect the plant. When you walk past, it's so easy to get caught on their spiky stems. As if the thorns themselves are an initiation for the observer to get to the breathtaking beauty and scent of the queen of all flowers in full bloom. However, there are a small number of roses that are unlike most, possessing few or no thorns, and that's what this card is all about. The Rose without Thorns is an invitation to dive straight into the sweetness of your life. To rest into the softness. To enjoy the delicious fragrance, to rest in and relish what it means to be currently alive in this body. To embrace all the beauty and bliss that life has to offer.

You have a right to your joy and the Rose without Thorns wants you to take every ounce of it in right. now. To celebrate and lose yourself in the sweetness of your life. This is a rare moment in time of deep peace and enjoyment. You're being called to taste all that it has to offer. To drink it all in. You deserve every drop. You've worked for this moment. Embrace it now with open arms. It's safe for you to enjoy this. To welcome this. To embody all of this. And while life is ever-changing and forever inviting us to grow, right now your lesson is to be in the delight of it all.

#### **ROSE TRANSMISSION**

I have a right to my joy.

I appreciate and drink in the sweet nectar of my life.

#### THE SACRED UNION

Beloved within. Inner and outer relationships.

Relationships are how we grow; they cradle and stretch us. Through connection and division, love and hurt, compassion and separation, they invite us to return again and again to the most important relationship we'll ever have -- the one with ourself, the sacred union that's been waiting within.

Ancient mystery teachings whisper secrets of sacred unions: Hieros gamos ('sacred marriage') in early Christian mysticism and Kabbalah, sexual alchemy in ancient Egyptian teachings, and Yab-yum ('father-mother') in Tibetan Buddhism. We're familiar with mystic couples such as Isis and Osiris, but we each have the sacred masculine and feminine within. And sacred union through external relationship is always an invitation to deepen the union within.

Every relationship can be seen as an invitation to deepen connection with the beloved within, even our most challenging relationships-especially the most challenging ones.

The sacred union isn't just between you and another --it's returning to yourself. And when we return to ourselves, we also return to humanity as a whole.

Maybe you're being invited to grow through relationships. Perhaps you feel like you're being tested or stretched, or find yourself longing for something external. This is an invitation to deepen the connection within, to embrace yourself fully and treat yourself like the most precious person on the planet. The more embraced you feel, the easier it is to embrace others.

# **SOUL INQUIRY**

How can you embrace yourself more?

#### THE SACRED WATERS

Nourishment. Replenishment.

Health. Rest. Self-care.

The sacred waters are the life-giving Mother of Us All. Her healing waters replenish us and give us Life. We're made up of Her. Like the rose, we need Her waters to survive and thrive.

We must drop our roots deep to receive the nourishment we so deeply need. To appreciate, protect, and honor the very thing that we take for granted. The Mother of the Sacred Waters delivers the message to slow down and take care of yourself, particularly your body. To prioritize your well-being and live in a way that's sustainable. She reminds us to replenish and nourish ourselves and take care of our health all the time, not just when we feel unbalanced.

You're being called to nourish and replenish yourself before you become brittle and parched. The Mother of the Sacred Waters wants you to know that there's nothing more important in your life than the care of your own sacred vessel of a body, and the Earth is an extension of that. She wants you to treat yourself with tender care. To cherish your body and Hers. To fill your well until it spills over, and once it does, to find a way to give back from this place of plenty. To give your body what it's yearning for most before it turns into an urgent need.

# **SOUL INQUIRY**

What's your body yearning for?

#### THE SECOND BLOOM

A second chance. It's never too late.

New possibilities.

This is a card of second chances, new beginnings, regeneration, and reinventing yourself. It's never too late to surrender to what's blooming within you. All that matters is that you surrender to the buds that are longing to grow and be known. No matter your age or what may have previously occurred, this card is an invitation to surrender to a second bloom. To welcome the new and share it with the world. To acknowledge the secret passions, longings, creations, and yearnings and let them bud and bloom.

If we properly allow things to end, new beginnings will always come. If we surrender to the cycles of Life, after winter, spring will always return. If we tend the seeds in the fertile earth, they'll eventually emerge.

Just as we think the season's over and winter's drawing near, some roses bless us with an unexpected second bloom. If this card appears in a spread, it's a likely sign that you too are set for a second bloom. Perhaps you have a creation that's waiting to be brought forth. Or maybe it's a new relationship or passion in your life. Maybe what's waiting to be born is a new version of you.

The more open we are to change the more open we are to Life. The more open we are to Life the more open we are to being born again anew. Yes, this is what it means to truly live. Being open to saying yes to life -- so when you eventually take your last breath, you'll do so while still fully living.

# **SOUL INQUIRY**

What unexpected thing wants to bloom within you?

#### **SOPHIA**

Divine plan. Wisdom. Intelligence within. Destiny.

Sophia is a Greek word meaning wisdom. Sophia is thought to have been a force present at the time of creation and is often presented as a woman. This turns our patriarchal understanding of a sole male God responsible for creation on its head. In the Bible's Book of Proverbs, Sophia says, 'I was present at the beginning of the creation. . . participating at the side of the Lord in the work of creation. Many scholars and art historians believe that the female figure beside God in Michelangelo's Sistine Chapel ceiling is a representation of Sophia. The philosopher Rudolph Steiner believed that the ancient Egyptian Mother Goddess Isis was an incarnation of Her.

The galaxy overlapping the spiral of the rose on this card is a mystical representation of Sophia as holder of the divine plan. The intelligence that tells the rose when to open and the planet how to spin also exists within you. This card brings with it a message to trust the intelligence that brought you here. Have faith that the blueprint of your destiny is already known. What secret dreams do you have? What are you being called to say yes to?To create?

Sophia embraces the cosmos. She holds the blueprint of creation. No person or thing is left out. Call upon Her to guide you. Rest in the intelligence that exists within your cells. Trust that you know what to do. Trust the blueprint within. Allow the seeds of your destiny to guide you.

#### ROSE TRANSMISSION

I trust in the divine plan, activate the intelligence within my cells, and unlock and act on my most expansive destiny now.

#### **SUB ROSA**

Hidden in plain sight. Mysteries.

Learning and teaching.

The rose has been a symbol of secrecy for millennia. The ancient Romans wore rose garlands on special occasions and when these were hung above important meeting places, the conversations that took place beneath were considered sub rosa, or 'under the rose. 'It was understood that things said 'under. the rose 'would be kept secret and not repeated. There's also an image of the ancient Egyptian God Horus sitting with a rose and holding his finger to his lips, symbolizing silence about the deep mysteries.

The phrase sub rosa may have its origins in ancient Greece, where in 477BCE a secret negotiation took place in a building attached to the temple of Minerva (seen on this card). On the building's roof was a rose garden, hence sub rosa. Another, otherworldly, theory of the phrase's origin is linked to Eros, who is said to have bribed Harpocrates, the Greek God of silence and secrecy, with a rose to persuade him to remain silent on the affairs of the gods.

This card represents the great mysteries that are available for us to uncover and remember. Secrets that are waiting to be found, teachings that your soul might be ready to learn. Look beyond what your eyes can see and dig a little deeper. You're here to uncover lost wisdom, ancient secrets, and deep mysteries. Are you being called to study the great mysteries, to live the great questions and step into your role as a teacher, guide, or mystic? Are you being called to question things and unearth the truths unknown?

## **SOUL INQUIRY**

What are you being called to study, learn more about, or unearth?

#### THE SUN

Joy. Enjoyment. Life force. Success. Vitality. Play.

In summer, when the Sun's at its highest path in the sky, the rose is at its fullest. Her fragrance is sweet, and the fruit is still to come. In this oracle, the Sun represents life-force energy, vitality, confidence, success, positivity, delight, and the sheer joy of life After it's left the fertile darkness of the soil, the future rose begins reaching toward the light of the Sun, which then plays its part in nourishing the rose as it reaches for its potential bloom. And it does this for us too.

One of life's greatest blessings is to feel the warmth of the Sun on our face. To drink in the gold nectar of what Life has for us and to take a moment to bask in being alive. This is your invitation. To relish your aliveness. To embrace your joyfulness. To enjoy the simple things in life. To make time to play. To be grateful for your body. To acknowledge the wondrous life-force energy that's woven through all of Life. To remember that your soul had a dream, and your life is it.

This is a wondrous card that heralds a time of playfulness, enjoyment, and bliss. The Sun can also represent the inner child and be an invitation to have some fun. Have you been all work and no play lately? Is your inner child longing to run free? What can you do to enjoy the simple things in life? When we allow ourselves the space to play, problems that were once unsolvable find solutions.

# **SOUL INQUIRY**

How can you enjoy your life more? What can you do just for fun?

#### TEMPLE OF THE ROSE

Ancient power. Expression. Activation. Scarlet codes.

For millennia feminine power, expression, and wisdom have been suppressed. As a result, the feminine has been silenced, dismissed, and disrespected. We've become disconnected from the Earth(the Mother) and have stopped revering our elders. But times are finally changing and we're all part of this change.

Every time we honor our body, express our wisdom, share our voice, and connect with our sensuality, we heal the sacred thread of the feminine. Every time we call back our power, we heal the sacred thread of the feminine. Every time we come together in circle, we heal the sacred thread of the feminine. Every time we honor our cyclic nature and the cycles of nature, we heal the sacred thread of the feminine.

Regardless of which gender you identify with (if any), this is a card of calling back your power. It's a card of expressing your truth, no matter what it is. It's a card of sharing your soul's voice and singing the song that you came here to sing.

This is a card of activation. It's a call to action. And it's a remembrance. You're the child of the ancient Goddess. As you express yourself, you express for all who could not. As you reclaim your power, you do so for all those who cannot. Each shackle you break through, you free those who are yet to come.

Share your voice, sing your song, dance your dance, reclaim your power. This is what you came here for.

# **SOUL INQUIRY**

How are you being called to call back your power, express your truth, or honor the cyclic nature within?

#### THE THORN

Protection. Boundaries. Clear communication.

The rose is the queen of all flowers. Her soft and often fragrant bloom takes our breath away from near and far. A bridge between heaven and Earth, She has the capacity to act as a portal to our true selves and call our soul more fully into our body. She leaves us in awe, allowing us to experience heaven on Earth for a very precious moment.

But the rose is not all gentle and soft. In fact, most roses are armored with spiky thorns and prickles of various shapes and sizes. These sharp protectors act like knights defending their queen, clearly setting the necessary boundary and conditions for Her to do what She was born to do.

We too are like the rose. So often we don't get taught how important clear communication and loving boundaries are to our relationships. When we're not clear on our needs -when we don't communicate them, when we don't take responsibility for them- it's impossible for others to give us what we need. This often results in a breakdown in the relationship.

Communicating our needs and establishing our boundaries allows not just us to feel safe, but those we're in a relationship with to feel safe too. This card delivers the message of the importance of clear communication, boundaries, and taking responsibility for our needs. To be clear with others, we must first be clear with ourselves. And then communicate this to our loved ones and the world.

## **SOUL INQUIRY**

What loving boundaries are you being called to establish?

How are you being called to communicate clearly to those you're in a relationship with?

#### TRUST THE SEASONS

Embracing change. Cycles of life. Transition. Growth.

Our disconnection from the Earth and Her seasons leads us to believe that we should be in full bloom all year round. That we should grow, grow, grow without leaving space to cut back. When we focus on the never-ending bloom, we forget the importance of all of life's phases.

The rose, like all of nature, teaches us this every day. She's forever showing us how to embrace the ever-changing seasons in an ever-changing world. We're not meant to stay the same. Relationships aren't meant to stay the same. Life isn't meant to stay the same. Nothing on this planet is meant to stay the same. The seasons teach us that. Night and day teach us that. Time and age teach us that. Birth and death teach us that. We may return to a place, a person, but things won't be exactly as they were, for everything and everyone is forever changing. Nothing is static.

The more we try to control things and keep them the same, the further away from the flow of Life and ourselves we get. Change can be scary for it means surrendering to the unknown of being in the in between. To being not who you were and not quite who you'll become. It requires a trust in the transformation. In the death in order for the rebirth to occur. And a deep reverence for all the seasons of our life.

The more we resist change, the further away we are from who we're becoming. When we embrace change, we embrace Life and nature and are forever becoming.

# **SOUL INQUIRY**

How can you embrace the changing seasons of your life?

#### THE WASTE LANDS

Sustainability. Slow down. Tend to your garden.

There's an anonymous 13th-century French myth in the form of a poem called The Elucidation that tells the story of a king who abuses the land he's supposed to be the guardian of. The king breaks the trust of the well maidens-the spirits who were guarding the wells of the land-and they flee. The waters run dry, the plants wilt, and the land, which was once rich and fertile, becomes barren, creating a wasteland.

This is the most powerful card in the deck. It's a wake-up call for us to stop the destructive behavior that's resulting in us becoming brittle and unable to live in a sustainable way. The sacred feminine is abundant; She knows that the Earth can provide for what we need and that She doesn't need to take more than She needs. She tends the Earth around Her and within Her. She's the keeper of balance and the protector of all living things.

The rose has seen civilizations come and go. Empires rise and fall. In this card She's delivering an urgent message to slow down and stop any way of being that's not sustainable. To release anything that's making us brittle. To tend our garden, our bodies, and the Earth around us.

## **SOUL INQUIRY**

What way of being is no longer sustainable for you?

#### WE ARE NATURE

Becoming grounded. Embodiment.

Living in connection.

We've built a world on top of the world. If you look up the word 'nature' in a dictionary you'll see a reference to plants, animals, and landscapes as opposed to humans. We speak of 'getting into nature' or 'getting grounded' as something we need to do. We've forgotten that we don't exist in nature-we are nature.

Indigenous Earth-based traditions have always seen the planet and all beings as interconnected and sacred, humans as one with the Earth itself. The Earth and Mother Rose are calling us back to the Earth, to weave the sacred back in, to weave nature back into the center of our everyday lives, to see ourselves as nature, and to spend more time interacting with the living natural world -- returning to nature. How's your connection with nature? What's your relationship with your own body? How can you live in a more grounded way?

This card is an invitation to develop a deeper connection with the Earth. To actively spend time with the physical natural world around you, to tend it, and to take your place as a custodian of it. To see the sacred in all of Life. To notice the changing seasons around you and within you and to remember that you too are part of the Earth's ever-changing landscape. To remember that you are nature and that you'll always find your true nature in nature. To embrace your body as your home. And the planet as your Mother.

#### **SOUL INOUIRY**

How can you connect more deeply with nature and your own true nature?

How can you return more to the Earth?

#### WHISPERS OF MOTHER EARTH

Creativity. Ideas. Inspiration. Artist. Writer. Channel.

There are creations seeded within you -- planted before your birth. There are unborn possibilities yearning to be woven and creative solutions waiting to be realized, songs of the ancient Earth humming through you, beckoning to be sung, new consciousness that longs to be written into matter.

Surrender to the creations whispering you forth. Perhaps they're calling you to reweave the web of Life in some small way. To stitch the soul in a little more. We came bearing keys for each other, and as you share your song it unlocks something in someone else.

Creativity and intuition come from the same sacred place; they can't be reproduced. They occur when we find ourselves flowing with the rest of Life. Earth is a planet of creativity and yet so many of us have forgotten how to truly create. So much of humanity has been raised to consume -- we're so focused on more, more, more that we've forgotten how to grow sustainably. Our consumption is killing us.

Trust the seeds that have been planted within you. Somewhere along the way we stopped seeing ourselves as artists, creatives, poets, singers.... Yet to be human is to be creative. It doesn't matter what the result may be, just carve out time to express your soul through your creativity. The seeds planted within you will show you the way. They have intelligence within them and all you need to do is tend them through daily grounded, creative action.

## **SOUL INQUIRY**

What does your soul most yearn to create?

## THE WILD ROSE

Do it your way. Embrace your uniqueness. Untamed.

If someone says that you're not normal, say thank you. If someone says that what you're doing isn't normal, say naturally. The wild rose knows that no one rose is the same as another. She doesn't try to bloom in a neat row according to a schedule. She doesn't open and close according to who walks by. She trusts Her timing and She blooms with wild abandon. She's resilient. She knows who She is.

The wild rose knows Her true, unique nature and She wants you to remember yours too. She knows that what makes you wild makes you free. That it's what's kept us contained that's causing us harm. That our diverse, unique nature is what's needed now, more than ever.

This card comes with an invitation to do what would make you feel most free. To trust in the very thing that makes you stand out. To realize that you were never meant to fit in. You were never meant to grow in a perfect, cultivated way. You were never meant to bloom in unison with someone else. You were never meant to be captive or controlled.

Nature is full of diversity. It's imperative to its survival. And it is to ours too. So be who you came here to be. Express what you came here to express. Sing the song that you came here to sing. Together, the wild ones will be the ones who set us all free.

#### ROSE TRANSMISSION

I free myself of what keeps me captive. I allow the unique wildness within me to be free.